

# THE PEANUT

Suddenly  
Nothing  
is the Same!

NINETEEN SEVENTY FIVE



Dear Cheryl as you know I'm a talker and not a writer so this is not to easy for me, but I'll try. I have only known you for about a year now, but it's been the most wonderful year of my life. We have done so many things together I don't know were to start, remember when we first met we both were shy and didn't say to much. We have gone to a lot of movies too, and I can't remember three of them hardly. I hope it's O.K. if I still hope and dream that one day we will be married, that is if you still want things that way. I still love you and always will, I also know or think rather that you don't believe me when I say this, but you are wrong, cause I do still love you and want to always make you happy for all time.

I'll love you forever and always!

Gug







School buses for field trips, a video tape machine, and the signing in of teachers in the morning are all a result of the merger of Suffolk and Nansemond.



## The Peanut

Suffolk High School

Suffolk, Virginia

Volume 53

1975



## The year of change

**T**he year of 1974-75 was a year of changes. The biggest and most important change occurred in January '74 when Suffolk and Nansemond merged to become the new City of Suffolk—fourth largest city (in land area) in the U.S.A.

A new city emblem evolved from this merger which represents Suffolk's past, present, and various aspects of the city.

Because all four area high schools now come under the jurisdiction of Suffolk City Schools, certain changes had to be made for all schools to conform. School buses provided intercity transportation for elementary and junior high school students and also were used for field trips. There were fewer field trips this year.

Teachers found themselves caught up in the changes, too. Every morning they were required to sign in. Teachers had a new grading system to contend with, but the job of scheduling was handled by computers. One more change for the teachers was that they now had the job of issuing demerits.

Curfew, ending at 11:00 for those sixteen and under, affected dances and other night time activities. Junior Varsity basketball games began at 6:00 rather than 6:30 and Varsity games ended between 9:00 and 9:30.

The band became part of the change by adding an all-girl color guard to their numbers. One more addition to the school was a videotape camera which was used to film activities around the school. These tapes could later be played back on special television in the school.

Miss Payne does a fine job replacing Mrs. Logan as secretary.

The band color guard was all female—Colleen Pinto, Martha Everett, and Beth Webb.





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I think the INDIVIDUALS are really great and I feel they communicate very well. — Unknown ..... 90



Martha Everett and Jane Perry Nash help transform the old gym with their circus mural.

Cheerleaders present the band a cake for homecoming performance at the pep rally.

Derek Davis is one of many new students transferring here this year.





Mr. Debranski:  
Athlete  
Coach  
Teacher  
Friend



Athlete — he enjoys a game of tennis to prepare for the spring season.

Coach — he advises quarterback Mizelle at a tense moment.

Friend — he is always there when you need him.



**M**ercy! What a man. Always being involved in the activities of students, he succeeds in bridging the gap between the faculty and students where others have failed. Even though he is a friend to everyone, he still has that certain quality which earns the respect of all. Spirit is

the key word in describing how this man coaches our football and tennis teams, and it's no wonder that from this characteristic, victory has been the result. For your display of sincerity we, in return, wish to dedicate the 1975 Peanut to you, **Michael J. Debranski.**



Coach — he participates in the action at summer football practice.

Athlete — he enjoys a game of tennis to prepare for the spring season.



I think that because there's an activity period, there's more





# ACTIVITIES

participation and organization in ACTIVITIES. — Clay Womack



## Activity period brings about new clubs

The installation of an Activity Period held every Wednesday after third period resulted in increased participation in old clubs and the founding of many new clubs.

Because of increased interest in needlework, Mrs. O'Berry started the needlecraft club. This club was well attended at the beginning and even had many male members. However some of these members later lost interest in the

club.

Mr. Langdon sponsored a chess club which, due partially to his popularity, became one of the largest clubs in the school.

New teachers in the school also meant new clubs. Mr. Karp originated a bridge club and Mr. Burton, a math club. Miss Howard, the new art teacher, sponsored an art club.



Pam Asbell, Miss Bracey, Joyce Roberts, Jane Nash, and Mrs. O'Berry busy at work.

George Davidson and Mr. Burton ponder a math problem.





The gymnastic team, Valerie, Jeanette, Cindy, Patricia, Rosalyn, and Tracy build a pyramid.

Chess Club — sitting — Ward, Kirpatrick. Standing — Mr. Langdon, Bailey, Hobbs, Sabalia, Hines, Taylor, Godwin, Birdsong, J. Bailey, Walker, Cobb.



Art Club — Webb, Wynne, Williams, Parker, Stovall, Dawson, Davis, Williams, Bryant, Askew, Boykins, Callis, Richardson, Wilson, Cross, Broughton, White.

Mr. Karp and Don Kirpatrick make up the Bridge Club.





Colleen Pinto sells bangles for the Tuberculosis Society.



Pres. Spain, V.P. Barrett, M. Godwin, Reea. Byrd, Silver, Pinto, Wommack, Bailey, Hicks, Trump, Koleszar, Umderwood, Abernathy, V. Godwin, Parr, Joyner, Stancil, Barrett, Wilson, Jones, Williams, Baines, Patton, Jordan

## SCA strives for funds throughout year

**A**fter induction ceremonies in September, the SCA kept very busy by carrying out many projects both within and for the school. Money-making projects are for any club and the SCA was no exception. During the week of October 2, the SCA sold Red Raider Calendars and later they held a doughnut sale. A basketball game between the SCA and WGH disc jockeys in February brought in both money and entertainment.

Two dances were sponsored

by the SCA — the annual Peanut Bowl dance in November and the Sadie Hawkins in March. But the SCA participated in service projects as well as dances and other activities in school. In December they held a Lung Association collection and later in December held a Christmas party for the special education students at Jefferson. Two more activities of the SCA were weekly school reports over WLPM and a monthly clean-up campaign in the school.



Raising the flag each morning is the responsibility of James Johnson and Stan Holland.

In addition to presiding over SCA meetings, President Melanie Spain serves as a link between the student body and the administration.

Cindy O'Berry and Jean Mauck help the SCA finances by working in the supply store.

Betty Wommack serves Special Education students at the SCA Christmas party.



# Emily Lynch Tri-Hi-Y sees much action

**T**he Emily Lynch Tri-Hi-Y got off to a slow start this year, but after Activity Period went into effect, things started picking up. A covered dish supper was held in the cafeteria at the November Induction services. Parents were invited to the joint induction services of Gladys Yates and Emily Lynch Tri-Hi-Y's. In October all members made Halloween clowns for the children at Obici Hospital. This was a community service project.

On November 2, ten members attended the Tidewater District Conference at Great Bridge. The school service project was to put honesty quotes on the boards during exams. They hope to make the Ace Award again, for it is such a high honor.

Front row — Logan—Chaplan, Fischetti—Sec., Abernathy—V. Pres., Blair—Pres., Mrs. Lynch. Second row—Carr, Wommack, Holland, Koleszar. Third row — Mills, Nurney, Trump, Callis. Fourth row — Goodman, Lawrence, Leggett, Picot. Fifth row — Stancill, Fry, Ward, Hurley. Sixth row — Barrett, Underwood, Harrell, Cleveland. Seventh row — Stone, Godwin, Marr. Eighth row — Patton, Steiner, Asbell. Ninth row — Butts, K. Davis, Brown. Tenth row — Saunders, Kennedy, Flanagan, G. Davis.

Emily Lynch Tri-Hi-Y officers Susan Morgan, Tri-cia Fischetti, Lisa Abernathy and Nancy Blair discuss their money making projects.





# Gladys Yates Tri-Hi-Y active statewide

The Gladys Yates Tri-Hi-Y is one of the service organizations of Suffolk High. With Martha Everett acting as President, the club, consisting of Juniors and Seniors, worked hard to serve others and promote high Christian standards. Each year the club undertakes several projects involving the school and community. This year, the Tri-Hi-Y participated in the city-wide "Walk For Mankind" where half of the money was given to YMCA missions. The rest was donated to an organization within the city. At the State Hi-Y, Martha Everett was elected President of the State Hi-Y Council, and Betty Wommack was elected to the position of Sergeant at Arms of the Senate.

Five girls represented Suffolk High at the Model General Assembly in Richmond. From the left, Betty Wommack (also elected Sergeant at Arms for the Senate), Pam Harrell, Martha Everett (President of the State Hi-Y-Council), Susan Everett and Colleen Pinto.



Front row — Mrs. Mauck, M. Everett — Pres., R. Hines — V. Pres., Walton — Sec. and Treas., Pinto — Chaplain. Second row — S. Everett, Brinkley, Leggett, M. Hines, Spain, Wommack. Third row — Mauck, O'Berry, Howell, Asbell, Whetzel, Parr. Fourth row — Jones, Doughty, White, Sims, Davis, Langston. Fifth row — Harrell, Birdsong, Lawrence, Gomer, Gatling.

# Future Homemakers of America strive to meet their theme: "To be a better me."

"**T**o Be a Better Me" was the FHA's emphasis at Suffolk High School for the year of 1974-75. The members of this organization under the guidance of Mrs. Taylor sought "to be a better me" by developing their creativity through needlework, improving personality and appearance, and using personality and appearance while searching

for jobs. A banquet held by the FHA honoring the girl's basketball team was financed by bake sales, as were their other projects. Through their projects, the FHA endeavored to fulfill the over-all goal of the organization to improve personal, family and community living.

Pres. Jones, First V.P. Barnes, Second V.P. Ashburn, Sec. Kearney, Assistant Sec. Jenkins, Treas. Goffigan, Hist. Skyes, Lawrence, Justice, Roberts, Bailey, Myrick, Griffin, Killebrew, Lewis, Harris, Hall, Justice, R. Johnson, W. Johnson, Dougherty, Goodman, White, Artis, Chapman, Whitehead, Clark.



The FHA serves a chicken dinner to the girl's basketball team to celebrate a winning season.





Birdsong, Godwin, Hicks, Hines, Jernigan, Kirpatrick, Nash, Pinto, Simpson, Spain, Ward, Wommack, Davis, Doughty, Fischetti, Hopewell, Howell, Jordan, Leggett, Mauck, McGahee, Newsom, O'Berry, Parr, Parr, Sims, Whetzel, White, Adams, Abernathy, Barnes, Blair, Bradshaw, Byrd, Davis, Flanagan, Fischetti, Godwin, Hill, Jones, Koleszar, Lamb, Logan, Marr, Peirce, Saunders, Smith, Stancill, Stone, Wommack.



President Marsha Hicks addresses letters.

Betty, Tricia, and Julie help work the cloak room.

## Honor Society lives again!

**A**fter their past few years of near dormancy, the National Honor Society has once again become an active part of the school under the advisory of Mrs. Trump.

The Society's induction ceremony was held before the student body in November. The Reverend Mr. Gravitt was guest speaker. Parents of those inducted were invited as honorary guests and more than expected attended. For those basketball fans who didn't want their cheering

hampered by coats, the Honor Society operated a cloak room, for ten cents all coats were kept safe and out of the way. The money made from the cloakroom went into a scholarship fund awarded at the end of the year.

The Honor Society also mailed out Honor Roll announcement cards to the parents of those students who made the Honor Roll. For those who didn't make it the Honor Society offered a tutoring service.



# Interact Club aids community projects with paper drive

Service projects are the basis for the Interact Club. The Club, sponsored by the Rotary Club, is very active within both city and school.

The club helped distribute posters for the Lung Association and awarded a scholarship at the end of the year.

There were two monthly projects which were very important. A paper drive, sponsored by the Rotary Club and carried out by the Service Committee, collected newspaper in and around Suffolk. Loading and unloading the Bloodmobile trucks was their other main project. Two members of the club unloaded the trucks, helped set up the equipment and later reloaded the trucks.







## Key Club works

The Key Club has done many projects this year outside of Suffolk High. Being sponsored by the Kiwanis Club, they have participated in many city-wide projects. Every Wednesday night members of the Key Club have a 30-minute show at WLPM. When the Bloodmobile visits Suffolk, the Key Club is there to help. Two of their annual projects are giving a Christmas party for the children at the Idlewood Schools, and passing out pamphlets for National Diabetes Week. This club is a fine example of what Suffolk High's youth is doing for our community.

Front row — Bradshaw, Mehalko, Hopewell.  
Second row — Williams, Miller. Third row —  
Bangley, Hassell. Fourth row — Smith,  
Faircloth.

A youngster at Idlewood School is entertained by Steve Jeffries of the Key Club at a Christmas party.



## D.E. expands program

**T**he Distributive Education Club of Suffolk High School has seen much progress and growth in the past three years. The club has expanded its program from D.E. I and D.E. II students to include a full and active D.E. III class.

Some of the projects the club has been involved in includes a marketing survey for McDonalds hamburger chain, donation of money to the cheer fund, and participation in both the District Leadership Conference and State Leadership Conference. Last year the club had four winners in the district contests and had three participants on the state level.

One of the highlights for the teachers was the annual luncheon for all faculty and staff members, paying tribute for a job well done during the school year.



Steve and Randy display a model of Suffolk.



D.E.C.A. officers — Pres. Forehand, V.P. Cox, Sec. Lassiter, Treas. Jones, Rep. Underwood.



D.E.C.A. members — Lassiter, Cox, Jones, Bunch, Underwood, Cox, Lassiter, Boone, Barkalow, Hott, Jernigan, Jenkins, Laine, Jenkins, Cook, Jones, Sharpe, Jordan, Chapman, King, Boone, Harris, Phillips, Johnson, Ruffin, Cherry, Bracey, Ritter.

## VICA sponsors many projects

VICA had a lot of projects to keep them busy this year. To raise money, they held record dances at Booker T. Washington and they sponsored bus trips to away football and basketball games. They entered a float in the Peanut Bowl parade with their own king and queen and later contributed fifteen dollars to the senior citizens.

They attended the Southampton trade school and another trade school in Washington D.C. Members went to a VICA rally in Nags Head where officers stayed for two days.

The VICA club presents a float in the homecoming parade which explains the theme of the club.



Pres. Miller, V.P. Lassiter, Sec. Pittman, Druitt, A. Ruffin, R. White, Langston, Ford, F. Davis, Parrish, V. White, A. Mitchell, R. Watford, Scott, T. Davis, Smith, S. Ruffin, Williams, Lawrence, Edwards, Whitehead, Gay, J. Watford, Cobb, Jones, Daniels, Walker, Sherrod, Brogdon, O. Ruffin, T. Mitchell, Wilson, Sears, R. Davis, S. Davis

# Thespians perform Shakespeare

**T**he Thespian Society brought Shakespeare to Suffolk High this year. Before staging any productions, however, the members had to learn what goes into the making of a play.

Mrs. Cones taught her students the fundamentals of make-up, lighting, scenery, speech and costuming.

Their first play, **The Taming of the Shrew** was held during the early spring for the school. Auditions were held in January with teachers as judges and practices were held after school.

Later in the spring, the Thespian Club again used Shakespeare's plays. A trilogy composed of scenes from Hamlet, MacBeth, and **The Taming of the Shrew** finished the year.

Officers — clockwise — Treas. — Joseph Broughton, Pres. — Beth Webb, Sec. — Martha Everett, V.P. — Colleen Pinto.



Front row — Stone, Mrs. Cones — Sponsor, Fry, P. Harrell, Steiner, Hollan, Asbell. Second row — Cox, Cones, Fischetti, Underwood, Miles, Brinkley, Hobbs, Pierce, Birdsong, J. Davis. Third row — Bryant, Austin, Blair, L. Harrell, Everett, Ward, Abernathy, Stancill, Kolezar, Roberts, Askew. Fourth row — Hines, Bailey, Zekert, K. Davis, Webb, Kennedy, Darden, Sivilla, G. Davis, Cousins.



## Dance guild heads for the top

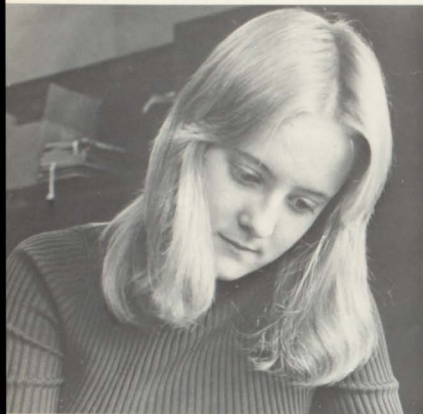
**S**.H.S.'s Modern Dancers, now called the Suffolk Dance Guild, drew up a constitution and headed for the top. In April, they actually had their own television performance. Hampton Institute gave the girls a workshop dealing with the techniques of modern jazz, ballet and African dances. They also attended a professional workshop at the University of Richmond and on February 25, in accordance with the activities during Black History Week, dancers from Hampton Institute performed and there was a guest speaker, Mrs. Doris Cooper, from Norfolk State.



Joyce Wilson, Cynthia Kearney, Doressa Silver, Sabrena Ruffin, Olivia Biggs, Marsha Hicks, Pam Bailey

Martha Everett, Picture Editor, selects the best pictures for **The Peanut**.

Terri Baines utilizes her talents in her copy.



Charlene Christian, Editor-in-Chief, illustrates leadership ability.

As Layout Editor, Sharyn Birdsong demonstrates techniques learned at Longwood.



## Annual staff strives for change

After attending a summer workshop at Longwood College, the Annual Staff decided upon a completely new approach in the publication of this year's annual. With the theme being "change," this obviously was the appropriate time to take on new ideas in making this year's annual different and better than ever before. The newly formed Journalism class proved to be one of the needed changes as they assisted the staff throughout the year.

Perhaps the most drastic change for the staff, as well as the school, was the fact

that for the first time, the annual would come out in August instead of May. In doing this, we were able to include the entire school year — spring sports, Junior-Senior, Senior Day, Graduation, etc. The staff feels like this will benefit Suffolk High in the years to come.

To Mrs. Barbara O'Berry, we extend an endless "thank you" which still wouldn't express our deep appreciation for all of her advice, optimism, guidance, and above all, for having all of the faith she had in us.



Besides being Sports Editor, Marilyn Hines takes on the responsibility of Staff photographer.

Balancing books and typing keeps Jackie Williams busy.

## Peanut Picker publishes eight papers

**A**s promised, the Journalism Class produced eight exceptional issues of the **Peanut Picker** this past year. This is a great improvement over last year's two issues. The **Peanut Picker** has had the great fortune of having the aid of the Suffolk News-Herald in producing the paper. The class is grateful for their cooperation and assistance. Even with a staff of twenty-five the paper cannot continue in

future years without the support of the student body and the merchants of the city. Apathy has been the class's greatest difficulty in producing the paper.

The staff hopes to continue producing the paper, making improvements with each issue. It is also hoped that the student support will improve and the **Peanut Picker** will someday become a great high school newspaper.



Editors Billie Langston, Cathy Sims, Terrie Davis, John Fischetti, and Ann Ward get the paper together.

Cathy Sims, managing editor discusses a newspaper with Mrs. O'Berry, sponsor.







Journalism class thinks of new ideas for the paper.

Leigh Whetzel and Betsy Leggett distribute the Christmas edition.



Journalism Class — Joyner, Sims, Langston, Barrett, T. Davis, J. Davis, Leggett, O'Berry, Parr, Ward, Howell, Winslow, Asbell, Whetzel, Fischetti, Mauck, and Webb.

# Spanish club sells Rex to support child

**F**ield trips comprised much of the Spanish Club's activities of the year. Starting off the year was a trip to the Tidewater Dinner Theater to see a production of **Man of La Mancha**. Later the club sponsored field trips to performances by Carlos Mantoya, a world famous guitarist, and Jose Greco, the famous Flamenco dancer. The end of the year was celebrated with a dinner at a Mexican restaurant.

A Christmas party was held with a piñata and pasada. The pasada is a representation of Mary and Joseph seeking lodging, with the rest of the club following behind carrying candles.

The club's most worthwhile project was the sponsoring of a young girl living in Guatemala. Every month the club sent her twelve dollars to help provide schooling and clothing. In order to raise money to support her the club sold "Rex" cleaner with two members selling over twenty dollars worth apiece.

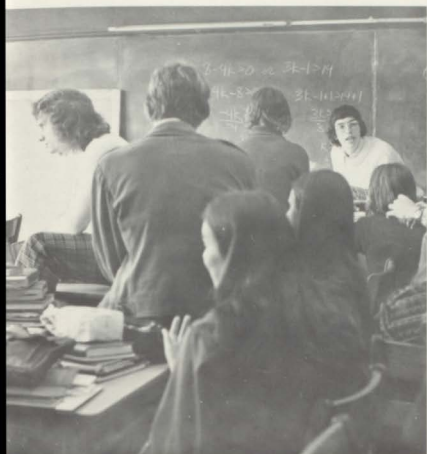
The Spanish Club participated in the traditional pasada where Mary and Joseph walk from door to door with the villagers following them as they seek shelter.

Terri Baines, Angela Gautier, John Stovall, and Mrs. Alwood discuss the price of "Rex."

First Row — Heffington, Kennedy, Twine, Stovall, Williams. Second Row — Mrs. Alwood — Sponsor, Pinto, Martin, Cisco, Winslow, Underwood, Carr, Brinkley, Baines — President, M. Hines — V. President, Walton — Treasurer R. Hines — Secretary



French Club held their Christmas party at their December meeting.



## French club feasts

The French Club started off their year with a cheese party during which the members feasted on a variety of cheeses and other foods. In December, approximately twenty students went to La Crepe, a French restaurant across from Pembroke Mall. Mrs. Kincaid both sponsored and chaperoned the trip. Later in the year, they put on an assembly for the school.



Sitting — Fischetti — President, Hicks — V. President, Joyner — Secretary, Taylor — Treasurer. Standing — Carr, Asbell, Ward, Hines, Jones, Mauck, Shambley, Leggett, Goodman, J. Jones, Parr, Whetzel, Hassell, Faircloth, Davis, O'Berry.

Mrs. Lynch, Martha Everett, Lynne Walton, Nancy Blair, and Jean Mauck discuss "Walk for Mankind".



Interclub Council members are Cornett, Miller, Baines, Hicks, Wommack, B. Barrett, Alston, Nurney, Bailey, Koleszar, Blair, T. Barrett, Everett, Davis.





## Latin, Hi-Y Council and Interclub Council

Latin club members are Butts, Brown, Chaukley, Davis, Fanney, Picot, Kalucas, Miss Brinkley, Callis, Abernathy, Blair, Trump. Front row — Adams, L. Peachy, A. Peachy, Fry, Nurney, Saunders, Barrett, Leggett, Wommack.

**A** reorganized Latin Club, complete with new constitution, had a year of parties in 1974-75. The Wednesday before Christmas vacation, the club held a Christmas party. Later in the year they had a Valentine's party and on April 21, held a birthday party celebrating the birth of Rome.

Promoting new clubs and increased club activities is the goal of the Interclub Council. The council, a branch of the SCA and headed by the SCA Vice-President, governs the clubs' contributions to the school and handles and approves all money making projects. In order to set an example for other clubs to follow, the council sponsored two musical assemblies for the school. One assembly was presented by the Norfolk State Percussion Ensemble from Norfolk State and the Continental Army Band performed at the other.

The Hi-Y-Council, led by Martha Everett, is the decision making organization of the Tri-Hi-Y clubs.

# S.H.S. Band number 1 again!

Band rehearsal in the fall was at 8:00 sharp to prepare for football halftimes.



S.H.S. Band — Bailey, Barnes, Blagg, Bowman, Boykins, Bradshaw, Brockington, Burks, Butts, Davis, Hassell, Hawkins, Hearn, Hopewell, Jones, Jordan, Mabrey, K. Matroni, L. Matroni, Mehaulco, Nash, Patton, Rhodes, H. Smith, K. Smith, S. Smith, Sykes, J. Taylor, M. Taylor, T. Taylor, Walker, Ward, White, M. Williams, W. Williams.

Band Council from top — Taylor, Newsom, Brockington, Jordan, Smith, and Patton.



The Suffolk High Band got into the spirit of Suffolk High this year. At every home football game the band gave a special and entertaining halftime performance. A new all-girl color guard led the way with the flag and white painted rifles. Tommy Newsom, dressed in his Indian outfit — complete with feathered head-dress, directed the band through its routines. During the game, the band helped promote spirit by helping the cheerleaders and by announcing every touchdown, with the "fight song". The band traveled to Southhampton when we played at their homecoming and tried to rally the spirit of both players and spectators.

The jazz band played at every pep rally during the year and also played at every home basketball game, helping to prove S.H.S.'s spirit the best.

Concerts held during the year were a tribute to the talent of the band members and to Mr. Ford's ability as a band director. The Christmas concert held jointly with the chorus, was beautiful, very well done, and enjoyed by everyone. Their annual spring concert once again had a large and attentive audience.



The pep band promotes school spirit at every pep rally.

SHS Jazzmen play for the Squires at SCOPE.



Darrell Jordan and Kevin Smith show their skill that earned their positions in Regional Workshop.



Tommy Newsom made first chair in Regional Band.

## Band receives many awards

**E**arly morning practices in the cold and the tediousness of going over and over a single selection evolved into a band that really proved itself number one. The practices paid off because the Suffolk High Band took first prize at the Peanut Festival in Emporia. At the Christmas Parade in Suffolk, they once again earned the title of first place.

The Jazzmen, an offshoot

of the band, was invited to play at three of the Squires basketball games. And true to the greatness of the SHS Band, they received outstanding ovations whenever they played.

Individual members of the band received special attention, also. In Regional Band competition, Darrell Jordan, and Kevin Smith were selected. Tommy Newsom won first chair — drum section, a great honor.



## 13 make Regionals

Suffolk High's chorus presented many concerts under the direction of Mrs. Jones. In October, the 75 voice choir composed of three classes, gave their first performance in their bright new uniforms of red turtle necks and white pants for the girls, and white turtle necks and dark pants for the boys. The Christmas concert, presented with the band, was given twice, only once at night for the public and again the following day for the school.

Thirteen members were selected to Regional Chorus — the largest number ever chosen from Suffolk High. The Regional Concert was held in February at Woodrow Wilson High School.

Brotherhood Week was in February and the chorus delivered a concert in its honor. Later in the year, dressed in white gowns and dark suits, the chorus put on their annual spring concert. The final performance of the 1974-75 choral was at the Baccalaureate in late May.

Barbara, Karen, Karen, Melinda, Angela, Joyce, Ocie, Kenneth, Dwight, Michael, Sabrena and Marsha make Regional Chorus.

Marsha Hicks accompanies Mrs. Jones.



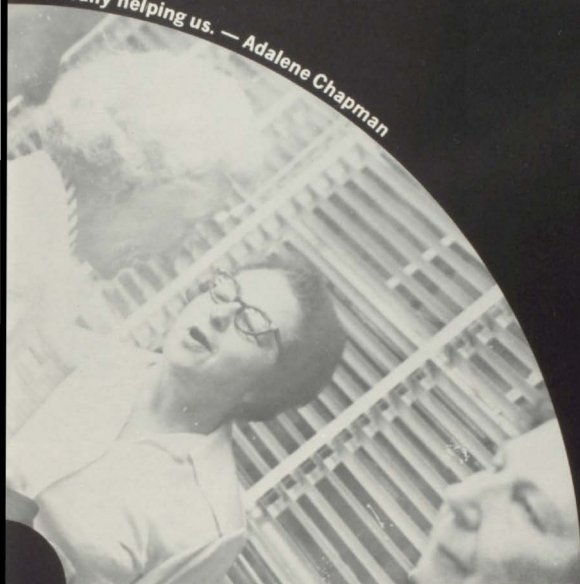
Front row — Holland, Eure, White, Edwards, Biggs, Byrd, Artis, White, Cook. Second row — Maddrey, Cross, Brockington, Parker, Wilson, Myrick, D. Silver, Coker. Third row — Williams, Jones, Thomas, Barnes, Briggs, Walker, S. Ruffin, A. Ruffin, Cobb, Harris, R. Silver, Hicks, Parrish. Fourth row — M. White, Miller, Reid, Jenkins, G. White, Hott, Drutt, S. Walker, Davidson, Johnson.

As hard as they are, the ACADEMICS



# ACADEMICS

are really helping us. — Adalene Chapman



Mr. Peachy okays a request.

Mr. Peachy keeps the lunchroom in order.



Mr. Wood and Mr. Savage discuss new ideas for the school system.





Mrs. Bailey takes a break during a hectic day.

Mr. Patton shares a laugh with anyone.



## Administration adjusts to new system

**W**ith the merger of the Nansemond, and Suffolk schools, the Administration of Suffolk High School took on various changes. Mr. Wood became our new superintendent, with Mr. Savage assisting him. Within the school itself, Mrs. Bailey acquired the title of Assistant Principal of Instruction in which she coordinates the different programs concerning instruction. Mr. Patton remained as Assistant Principal of Administration.

Even though the merger initially created problems, the transition was relatively smooth because of the combined efforts of the student body, faculty, and administration.



Mrs. Logan busy at work.



Mrs. Owen serves the punch at the faculty Christmas party.

Mrs. Owen and the new secretary, Miss Payne, busy writing tardy excuses.





## Office sees new faces

One of the most noticeable changes which affected everyone was the addition of two new secretaries in the main office. Mrs. Owen and Mrs. Logan both left during the school year handing over their responsibilities to their replacements. Both guidance counselors, Mrs. White and Mrs. Sullivan, kept the office running smoothly during the adjustment period.

Mrs. Sullivan is always ready to listen to a problem.

Mrs. White prepares to fill out college applications.



Mrs. Hall nurses a patient.

## Behind the scenes

In the cafeteria, the staff had to adapt to the making of hundreds of lunches for the elementary schools in the area. This is the first full year of supervision under Mrs. Bailor. Mrs. Koontz and Mrs. Hall remain in their positions as librarian and the nurse, respectively.

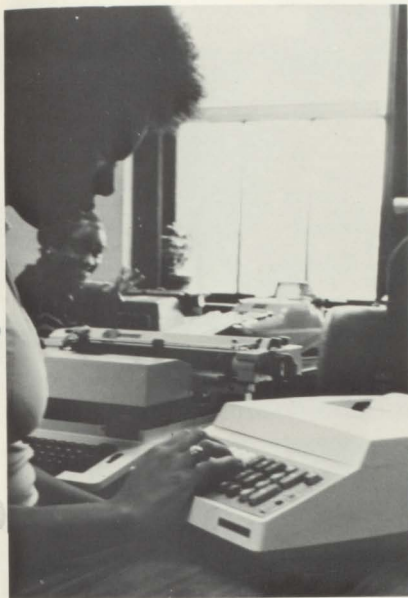
Cafeteria staff gathers for a picture.

Mrs. Koontz, librarian, files returned books.

The maintenance staff breaks from work.







## New Block Program

The basic training goals of the Stenography Block Program are the advanced development of student skills and to increase student understanding of basic office concepts and fundamental principles. This program differs from those offered in most educational institutions in that major emphasis is placed upon skill and knowledge development for specific stenographic, secretarial, and related office occupations.

In view of the training goals, useful and rewarding projects and exercises are provided involving the use of adding machines, calculators, typewriters and mimeograph photo stencil maker.

Deborah Pittman learns how to use one of the new calculators.

The stenography class enjoys the use of new equipment.

Practice makes perfect of Myra Martin.





Consumer Music students listen as they learn the history of European Music.

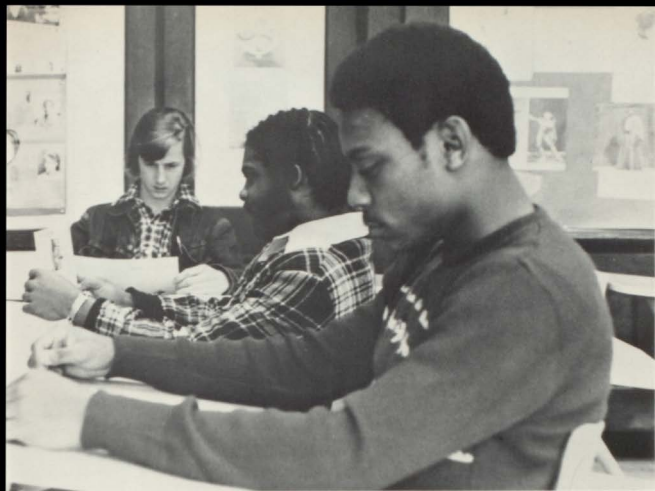
Sharyn Birdsong instructs the Journalism class on lay-out techniques.

Students concentrate for better reading comprehension.

Mr. Langdon assists Johnny Taylor and Hank Simpson in the use of the calculator.

IMS students play an educational math game as Mr. Langdon looks on.





## New curriculum

Many new classes were added to the curriculum to provide the students with an increased variety of classes to choose from. To help certain high school seniors understand what they read, comprehension was taught in Mrs. Vann's Senior English classes.

For the first time at Suffolk, a special class was held for the publication of the annual and the newspaper, and to promote sales, they produced the "Johnny Journalism Show." The class learned newspaper techniques and the basics of annual publication.

In the Math Department, Mr. Langdon's Advanced Math classes learned to use calculators and the IMS program, originated in the 1973-74 year, really started this year and proved itself very beneficial to the students.

For the students interested in music, there was a Consumer Music class. Here, students learned about different types of equipment and the variety of music techniques. These were the practical aspects of the course.



Speech and Drama students listen as they prepare a new play.

First period World Cultures I students get ready for their up-coming test.

The girls in Mechanical Drawing work hard to surpass the boys.





# Girl's invade Mechanical Drawing

One new requirement for teachers this year was that they were obligated to have a full schedule. Therefore Mrs. Trump had two World Cultures I classes instead of one. Much of her teaching was done in small group sessions as well as lectures.

Girls invaded the previously all-male domain

of Mechanical Drawing this year. Shirley Fry, Donna Miles, Beth Webb, and Billie Langston were the four girls who asserted their feminine rights and joined the class.

A Speech and Drama class was offered by Mrs. Cones. The class taught students pantomime, role playing, public speaking and story telling.



Mrs. Trump distributes new study sheets to her fourth period World Cultures I students.

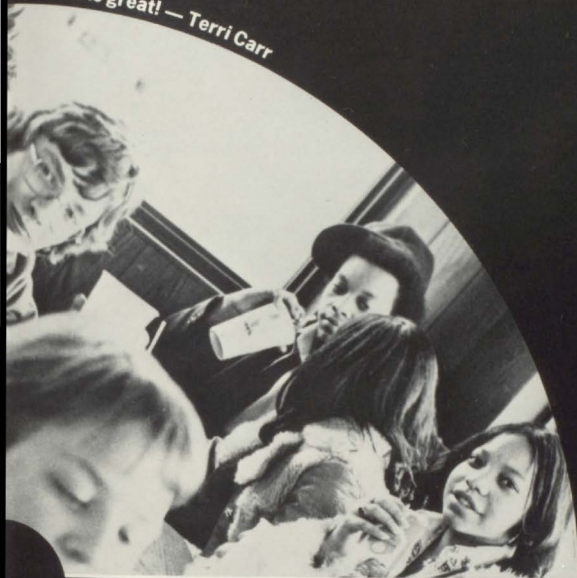
Joseph Broughton and Joyce Roberts run through the first stages of a play in Speech and Drama class.

The student life at our



# STUDENT LIFE

school is great! — Terri Carr



Steve Winborne and Charlene Christian, "just friends", play in the front hall.

Nancy Howell and her husband, Mike, meet at lunch every day.

Kim Davis and Curtis Joyner demonstrate serious eye contact.





## Friends or lovers?

**B**efore, after, and during classes, certain students are always seen together. For married students, this is the first year that they can legally attend SHS. As for the steadies or pre-engaged students, they were always seen together playing around in the halls between, or even during classes. And there is always Valentine's Day, when you share your love with that certain somebody. These couples made-up most of the gossip of Suffolk High for the couples at times seem to have changed faster than people themselves.

Suzanne Cones and Len Cox meet between classes at her locker.

Pam Asbell and Marc Hines exchange cards on Valentine's Day.

Jane Perry Nash and Hank Simpson enjoy a break in the library.



## Fancy fashions flourish!

**H**igh fashion this year was a mixture of many styles. Although medical reports warned that platform shoes were dangerous, many girls persisted in walking around four, five, sometimes even seven inches taller than usual. Shoe decorations ranged from glitter to satin.

Of course, short skirts

did not go out of style, but longer skirts did come back, below the knee. These skirts were usually worn with open-toed platform shoes with multi-colored toe socks. Bib overalls were worn by boys and girls even though the boys wore mostly high waisted cuffed pants.



Dressed in matching blazer and platform shoes, Faye Davis talks with Cornelius Scott.

Multi-colored toe socks are a growing fad in '75.

Chris Hollan and Derek Davis model the '75 look.





Shirley Watford, in bibbed overalls, stops between classes to rap with Joyce Wilson.

Steve Jeffreys models the style for Key Club initiation.

Suffolk High Girls group on the benches after school, styling in their long skirts and platform shoes.



## During School

**F**or the first time in SHS's history, the art students were turned loose with paints and brushes. The result was a brightly colored mural with scenes ranging from popcorn, to Batman to all signs of the Zodiac.

The bell rings and students burst from their classes to the cafeteria. Lunchtime provides a chance to sit and talk to friends you haven't seen all day. And for still others, it provides another type of relaxation. Everyday the female members of the fourth period study hall could be seen pushing a television from Miss Vann's room to Mrs. O'Berry's. Here they ate their lunch, and enjoyed their favorite soap opera, "The Young and the Restless."



Rick Callis and Wayne Williams show their talent in painting murals in the Old Gym.

Mrs. O'Berry's fourth period study hall watch their daily soap opera.

Kelly Parr starts early in preparation for the Bi-Centennial.







Mrs. Sykes and Mrs. Mitchell collect money during the first lunch shift.

Students find that the cafeteria food is edible.

Freshman boys rush for the cafeteria to be first in line.



## More happens than meets the eye

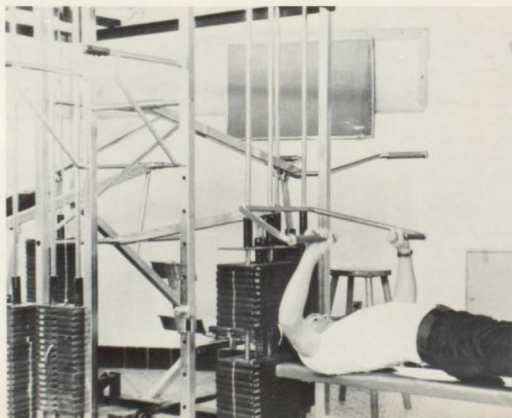
**C**haos is the only way to describe the halls before classes in the morning. Everyone stays in the halls to talk about what has happened the day before. But there are students who prefer quiet before school or during the day, and they achieve it by helping in the library or checking out books.

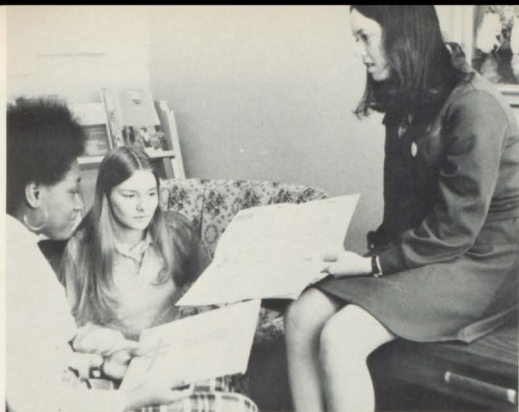
School helps develop the body as well as the mind. One way to strengthen the body is working with weights at the BRC. Helping others is another goal of education and the Suffolk High members of the Virginia Lung Association Youth Board proves that SHS has reached this goal.



Advanced Comp. class prepares for a play by putting on make-up.

Mark McGahee is one of the many football players who lifts weights for next year's season.





Jackie Williams, Terrie Davis, and Cathy Sims discuss plans for the Virginia Lung Association Youth Board.

The office door is the gathering place every morning before homeroom.

Library assistants work in the morning helping to collect due books.



## Class continues despite commotion

**F** Feeling like a scientist in Chemistry class, or sometimes a mad doctor, dissecting a frog just before or just after lunch, sawdust in your eyes and hair and the feeling of accomplishment for having created something — these are the memories from other classes. There was the horrible smell which sometimes drifted from the biology lab and the equally delicious and mouth watering scent from the Home Ec. department. And there was always the P.E. class where everyone tried to learn the concept of sportsmanship as well as keep in shape. These are a few more of the everyday parts of school life which never change and never completely dissolve from the memory.

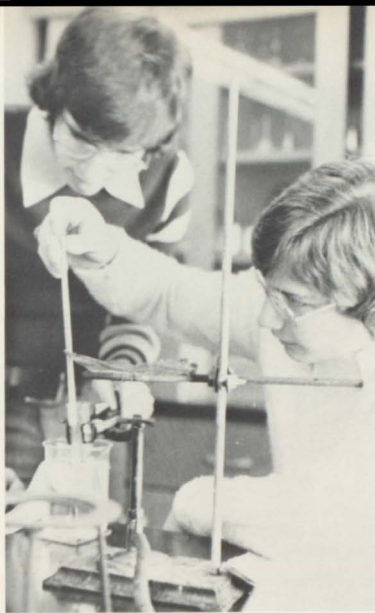


Reneé Picot demonstrates how to serve the volleyball in sixth period gym.

Christine Cook, Nancy Birsch, and Faye Davis demonstrate how to prepare an economical quick dinner.







Terryrie Askew and Randy Asbell examine the inside of a frog for biology.



Chemistry students John Fischetti and Tommy Barrett concentrate on a melting point experiment.

Shop students work on their project for Mr. Griffin.




French II students practice reading exercises orally.

Student teacher, Mrs. Gaskins, captured the attention of sixth period government students.


In Algebra I, Mrs. Lynch demonstrates how to use algebraic methods on the overhead projector.





## Classroom studies vary with interest

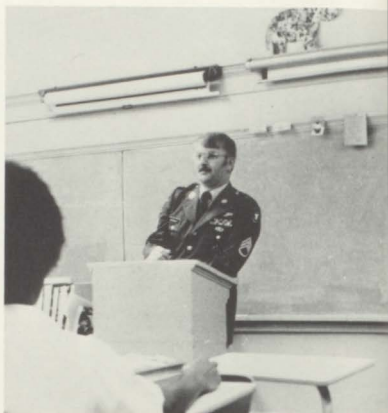
Classes varied this year with the students interest. Whether it was personal interests or required courses, students planned for their future. All classes, math, history, typing, or English which to some was as difficult as a foreign language, had the purpose of exposing students to the different interest in today's society. Classes were not always taught by the teacher. However, classes were lively with group participation and others were quiet with more personal interest.



Typing students rush to finish in a five-minute time writing.

Miss Brinkley's humor is shared with her Sophomore English class.

Mrs. Simpson helps her geometry students with one of her tests.



Annual Staff and Mrs. O'Berry search through annuals for new ideas.

Sgt. Busscot explains ASVAB test to seniors.

Lead singer of Navy Band turns it out.

American Studies Class presents an annual play, this year **The Lottery**.





# Assemblies few yet first-rate

**A**ssemblies were at a minimum this year, but those we had were the best. Students were involved in more pep rallies this year than in many years past. The cheerleaders put their creativity to work and, with the help of the pep band, presented exciting and lively pep rallies for nearly every game.

Students were dancing at their seats, cheers vibrated the auditorium and everyone was clapping his hands or patting his feet. This was the scene on February 23 when the Pier 12 Navy Rock and Soul group played at

SHS. The students called for more when the band played their last song. And as they played an encore, many students left their seats to dance in front of the stage.

With Christmas came two more assemblies—the Chorus and Band combined to present their annual Christmas Concert, and the Speech and Drama class produced a musical entitled **The Little Match Girl**.

**The Lottery** was once again staged by the American Studies class and once again caused chills in many of the students when it was over.



Speech and Drama class present the play **The Little Match Girl**.

Mrs. Jones discusses plans with Regional Chorus members.

The Choral Club presents their part of the Christmas Concert.



The Jazzmen perform at Great Bridge in the Jazz band festival.

The SHS Masonry class participates in competition at John F. Kennedy.

Advanced Comp. class practices a play for competition at Gloucester.

The faculty shows their spirit by performing cheers for the students during a pep rally.

The SHS Band shows excitement after capturing first place at the Peanut Festival.

DECA members display trophies after placing in competition at Military Circle.





## Students are more competitive in '75

**S**HS students were competitive again this year. For the first time, The Jazzmen attended a jazz festival at Great Bridge and were voted the most exciting band that played all day.

D.E. members took two first prizes at the District Leadership Conference at Military Circle.

A contest between masonry students from SHS and JFK was held at John F. Kennedy. Hersey Sears and Ricky Scott earned first prize in chimney building.

For the first time the Advanced Comp. class participated in a play contest at Gloucester and presented the play **Fable**. Suffolk was the only area high school to attend.





## Activities continue after 2:30

After school more activities finished the day. Many students worked at various places helping others, such as the members of the Junior Volunteer Rescue Squad and the Interact Club who helped the Rotarians in a paper drive.

Practice was a part of the after school routine. The Jazzmen worked hard to earn praise wherever they played;

athletic teams spent many hours on after school drills. On nights before pep rallies, cheerleaders worked to make sweets for the team to boost their spirits. The dance guild practiced under the supervision of Miss Howard after school. School work didn't end at school. Many students studied in the library and, of course, at home.

The Jazzmen practice for evaluation at Great Bridge High School.

Members of the Interact Club collect for the newspaper drive.







Jane Perry Nash and Bart Webb find it easier to study at Morgan library.

Elton Mabrey and Skip Bangle demonstrate the use of the electrocardiogram in the Intensive Care Unit.

Marilyn Hines and Buddy Joyner prepare cupcakes for the basketball team.



Sheryl Cross and Beth Webb enjoy working at Hardee's.

The Junior Rescue Squadsmen show how to use the squad's equipment.

Marsha Hicks and Sharyn Birdsong compare their cities at Girl's State in Farmville.

Sharyn Birdsong, the DAR Good Citizenship recipient, talks to Mr. Peachy.

Boy's State Delegates, Marc Hines and Garfield Mizelle, laugh at experiences at Lynchburg.



## Many honors awarded to SHS

**M**any individuals earned special personal honors this year. Students of SHS attended Boy's State at Lynchburg College and Girl's State at Longwood. Both groups learned more about Virginia's government.

The Sports Club presented trophies to the most outstanding football players in Suffolk. John Davis and Garfield Mizelle were chosen from SHS. Garfield received the honor of most outstanding player in the city.

A new program, MORE, was started in Suffolk to introduce students to the concepts of our new city and its future. Supported by state funds, the program selected students who displayed talent in the arts or were academically gifted.

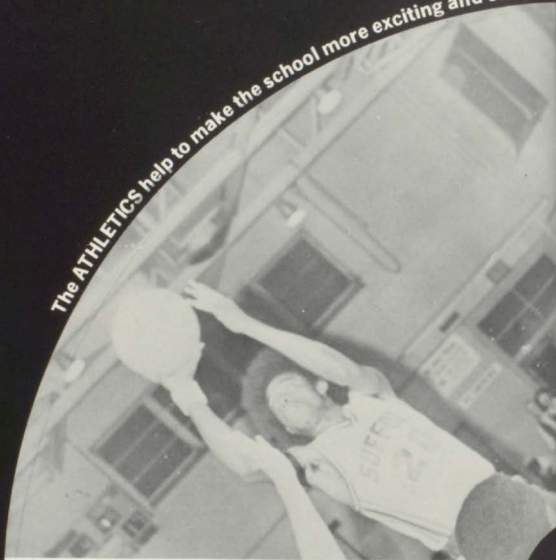


Martha Everett — Pres. of the State-Hi-Y Council.

John Davis and Garfield Mizelle — outstanding football players at SHS.

Betty Wommack — National Merit Scholarship semi-finalist.

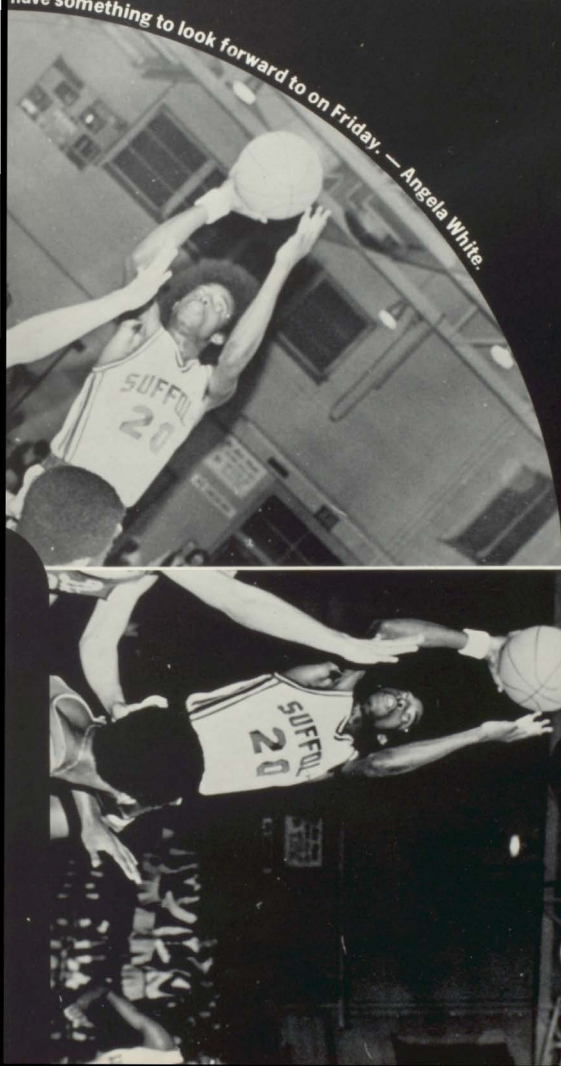
The ATHLETICS help to make the school more exciting and student





# ATHLETICS

have something to look forward to on Friday. — Angela White.



## Girls win best record yet!

With the season record of 9-1, the Suffolk High Raiderettes finished their season as finalist in the tournament at Franklin High School. For the first year, the team alternated Co-Captains with each game to keep the team unified. Ms. Brown, the coach, added

inspiration and advice to the winning team of Suffolk High. Three of the girls, Beverly Davis, Gwynn Jordan, and Kelly Parr were chosen to the All-Tournament team. With only two team members graduating, next year's team should go straight to the top.



Sarah Marr passes off to Jeanette Flood in a victorious game against Kennedy.

Beverly Davis races against a Rangerette for the ball.





Jeanette Flood, Cindy O'Berry, Sheryl Cross, Lynn Mitchell, Jeanette Harris, Patricia Horton, Cindy Wright, Betty Wommack, Cynthia Kearny, Sarah Marr, Beverly Davis, Gwynn Jordan, Kelly Parr.



Cindy O'Berry jumps for a lay-up.

The girl's basketball team managers are Charlene Christian, Barbara Byrd and Melinda Jones.

## Best offensive line in district

On August 10th, Coach Debranski got his team practicing in Planter's Park in the summer heat and humidity preparing for the fall.

The Red Raiders opened their '74-'75 season in the pouring rain at the Franklin Stadium defeating the Boncos 22-0. Continuing on in all kinds of weather, the Raiders had a successful season of 7-3-0.

The emerging of good ball handlers such as Tommy Barrett and Darrell Jordan, along with enthusiasm, created the best offensive line in the district.

Enthusiasm was at its peak during the freezing Northampton game when Suffolk broke through in the end to win by a one point margin.

To the Senior players who have played three years, their record was 21-8-1, something to be proud of.



Scott, Bradshaw, Logan, Mizelle, J. Davis, Miller, Cox, Hobbs, Boone, Davis, Bremby, Silver, Winborne, Watford, Hines, Birdsong, Bailey, Walker, McGahee, Cisco, Carr, Jordan, Barrett, Richardson, Jones, Liverman, Asbell, Butler, Nash, Wommack, Davies, Jackson, G. Davis, Gray, Mgrs. Ashburn and W. Mitchell, Laine, K. Davis, Capeheart, Mgrs. T. Mitchell, Sharpe, Dougherty.





Co-Captains — Garfield Mizelle and John Davis.

Summer practices prepare the team for fall.

Donald Richardson strives for a touch-down.

Coaches Crigger and Goldberg with Head Coach Debranski enjoy a Kool-Aid break.

The touchdown makes everyone forget the rain.



Sharon Cobb receives roses as she is crowned queen.

Queen Sharon and her court circle the football field.

The crowd at Peanut Bowl cheers as the game begins.



## Sharon Cobb crowned queen

The '74-'75 Peanut Bowl proved to be as exciting as it was cold with all of the activities. Half-time was the highlight of the game with Sharon Cobb being crowned the Peanut Bowl Queen and the announcement of the winning float. Seven senior princesses accom-

panied Sharon, along with the six underclassmen attendants during the festivities.

Even though the weather was freezing, the Mighty Raiders played their last game of the season with all they had against the Rangers. But somehow, despite the screaming fans, we lost.



The Senior Court with their escorts, anxiously await the halftime festivities.

The underclassmen attendants enjoy their ride in the parade.

## Dance concludes festivities

Even though all of the floats were outstanding, especially considering all of the hard work that went into them, the Freshman class float gained the favor of the judges as they won first place.

The night after the game, the SCA sponsored a dance

having both a band and a Disc-Jockey with records to win the appeal of all. The parents of students were kind enough to serve refreshments during the dance, and also serving as chaperones. Everyone agreed that the dance was a success, even our guests from Forest Glen.



The Freshman float captured first place with "Shoot the Rangers."

With "Plow the Rangers" the Junior class won second place.







"Roast the Rangers" gained third place for the Sophomore class.

The Senior class donated \$100.00 to the Tri-County Occupational Center instead of making a float.

Students enjoy dancing to the music of "Woizow" during the Peanut Bowl Dance.

Parents of Suffolk High students sell concessions at the dance.





Exciting moments in basketball games bring reactions of the cheerleaders as well as the fans.

After school, decorating the locker room to promote team spirit was one role of the Varsity squad.

At the end of basketball season, the team enjoys a party given by the Cheerleaders.

Front row — Whetzel, White, Hines, Ruffin. Second row — Jones, Co-Captain — Hicks, Doughty. Top row — Wilson, Co-Captain — Birdsong, Brinkley, Joyner.



## Cheerleaders on the go

**T**his year as usual the Varsity Cheerleaders kept busy with many activities. Beginning in August they attended daily a National Cheerleaders Association Cheering Camp, learning new cheers and routines for the '74-'75 school year. Taking Kool-Aid to the Varsity football team during those hot summer practices was part of the regular routine as well as raising money for their new plaid kilts by sponsoring a car wash.

Beginning the school year, the varsity cheerleaders had pep rallies with skits and

class competition for almost every football game, and the important basketball games, presenting the teams with cupcakes, cakes, or candy. At the end of the basketball season they gave the team a party for their successful year.

Spirit was always present in the cheerleaders, as they cheered through pouring rain and freezing weather to support the Raiders one-hundred percent. They also traveled to Franklin for the girl's varsity basketball games during their tournaments.



Cheerleaders promote spirit with skits in their pep rallies.



Whether winning or losing, the cheerleaders kept up the spirit.

# Raiders hit 100 on Northampton

This year's Varsity basketball team had tough competition throughout the season as their record of 10-8-0 proves. Coach Donnie Goldberg's optimism, Jerome Watford's outstanding ability in ball handling, and Donald Richardson's high scoring were the main factors in winning.

All of the tough, long practices paid off. In the first round of the tournament we played third-seeded John Yeates. This game had strange exciting factors

which made it one of those unforgettable nights. Throughout the first half we were leading by a small margin, then with only two minutes remaining in the third quarter, a fifteen minute black-out hit the gym. Play resumed and in the last thirty seconds Yeates tied the game. Tension and excitement mounted with the overtime, but Yeates came back too strong and ended the Raider's season.

Coach Goldberg, Mitchell, Richardson, Mizelle, Fischetti, Wynn, Silver, Lundy, Brogdon, Watford, Liverman, Boyce, Myrick, Bremby, Coach Allen.

Donald Richardson goes up for a basket against Kennedy.

Coach Goldberg gives instruction during the game.







Students nervously check the scoreboard in the last seconds of the tournament.

SHS fans wildly cheer as the team scores.

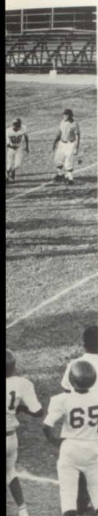
Walter Silver shoots over a defender.

Front row — Harrison, Nash, Butler, R. Asbell, Steiner, Eason. Second row — Davies, Tillery, Dunn, K. Asbell, Hurlson, Hines. Third row — Coach Allen, Copeland, Walker, Laine, Hearn, Butts, Parr. Fourth row — Grant, Williams, Warren, White, Mazelle, Mabrey, Collins, Rawls.



Davies, D. Sharpe, Dunn, Pierce, Harris, Grant, Mazelle, Bryant, Burkes, Butler, Tillery, Miller, Eason, Coach Harrell, Jackson, D. Sharpe.





## JVs. look ahead

With Coach Allen coaching the J.V. football team, the Raiders got off to a good start by defeating Smithfield 8-0. Several sophomore boys who started off with the Varsity team elected to play J.V. for experience. The highlight of the season was the game against our Junior High School, Booker T. Washington in which the Raiders were victorious.

The J.V. basketball team had a winning season with a winning record of 13-5-0. The offense proved to be an asset against John Yeates as they went into two overtimes, and won by one point. Coach Harrell was obviously pleased with their achievements.

A J.V. player outwits his opponent.

Coach Allen thinks of strategy for his team.



Co-Captain — Askew, Bailey, Trump, Griffin, Leggett, Watford, Barrett, Watkins, Co-Captain — Nurney, Goodwin. Missing from picture — Harrell and Biggs.

Darnell Harris fights for the ball.



A few of the baseball players await their turn to practice sliding.



Chuck Bradshaw concentrates on hitting the ball.

Larry Underwood practices sliding in home base as Coach Allen observes.





# Baseball and golf see new faces

The '75 baseball team experienced many new faces and changes this year. Three-fourths of the team were new-comers, and only two seniors, Garfield Mizelle and Chuck Bradshaw, guided the team to a successful season. Coach Allen made a new set of rules which made the team have more discipline than ever before. The opening

game was against Central on April 8.

On April 17, the Suffolk High School Golf team opened their season in a match against Forest Glen. Don Kirpatrick led the team to a successful season with the coaching ability of Mr. Hill. The team was composed of eight members three of which were seniors.



Coach Hill observes Mark McGahee's putting form as Mark Steiner and Phillip Saunders look on.

Steiner, Saunders, Coach Hill, Bailey, Kirpatrick. Missing from picture — Mike Carr and Ronald Boyce.

# Girls work for second undefeated season; Boys face stiff competition

**T**his year's tennis season proved to be full of changes for the boy's and girl's teams. The most noticeable change was the fact that Mrs. Owen handed over her coaching position of the girl's coach to Miss Richey. Along with Mr. Peachy's assistance, Miss Richey guided the team to a successful season. Mr. Debranski, the boy's coach, ordered "The Lobster," a ball machine which helped both the boy's and girl's team with drilling.

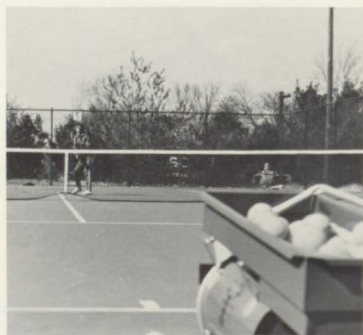
For the first time, the girl's team got to take the top players to Harrisonburg for an overnight trip as the boy's team has done in the past.

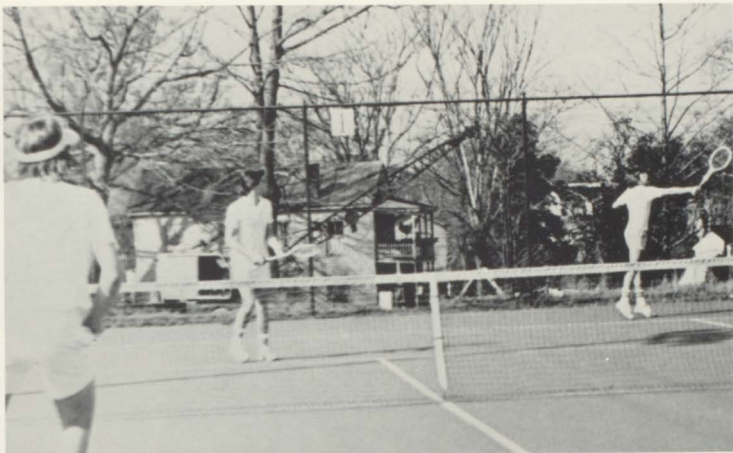
The season opened in late March for both teams and ended in May. The girl's team proved to be strong down the line, and the boy's team, being mostly young, got experience for making next year's team better than ever!

Melanie Spain and Betty Wommack practice to hold their number one doubles position.

"The Lobster" gives Hank Simpson a good workout.

Kneeling — Marr, Barrett, Trump, Hines, L. Peachy, A. Peachy. Standing — Coach Richey, O'Berry, Abernathy, Joyner, Parr, Kalucus, Spain, Wommack, Carr.





Kneeling — Wommack, Horton, Pierce. Standing — Simpson, Davis, Coach Debranski, Hines, Barrett.

Buddy Joyner awaits action as Betsy Barrett serves.

Tommy Barrett rushes net with Marc Hines in the match against Maury High School.

## Track—spotlight of spring

As expected, this year's track team appealed to more students than any other spring sport. A major change for the team was being under the leadership of Coach Crigger. The SHS 1974-75 season started on April ninth against Forest Glen, Windsor and Gloucester. The field events held during the meet were pole vault, shotput, discus, broad jump, triple-jump and high jump. The track events held were 100 yard dash, 220, 440, 880, one mile, two miles, high hurdles, 33 intermediate hurdles and the 880 relay. The district meet was held on May seventeenth. The regular season ended on May seventh against Central and Gloucester.



James Daniels shows triple-jumping ability.

Kelly Davis demonstrates technique in hurling the discus.





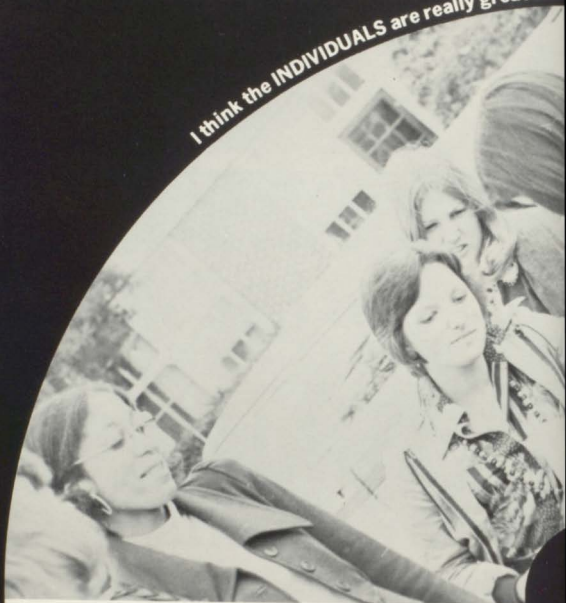
Darrell Jordan demonstrates perfect form for jumping hurdles.

Edward Jackson throws the shotput as Terry Davis watches.

Front row — T. Davis, G. Davis, Council, Asbell, Butler, K. Davis, Sherrod, Daniels, Wynn. Second row — Wide, Justice, White, Garrett, Whetzel, Ricks, Gray, Dawson, Grant, Mazell, Rawls, Beck, Parrish, Baker, Williams.

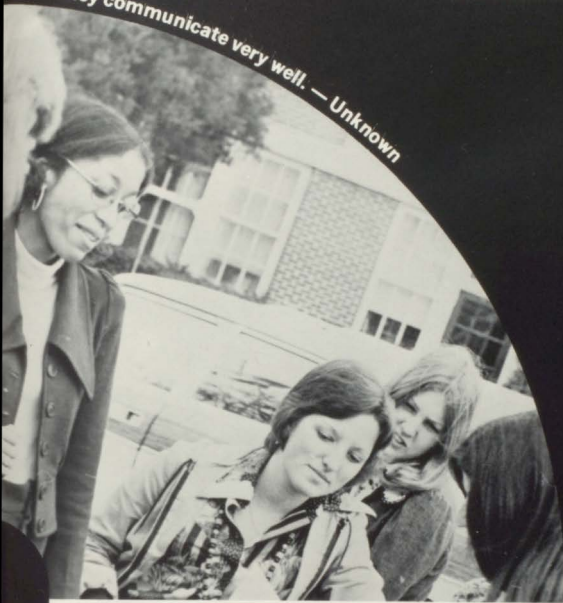


I think the **INDIVIDUALS** are really great and



# INDIVIDUALS

I feel they communicate very well. — Unknown



## Teachers work endless hours

**S**tudents are not the only ones in school who have homework. Teachers devote a lot of effort and time, both before and after school, to prepare the lesson in the most easily understood manner possible. Of course they don't

only plan lessons; they also grade the papers they assigned or the tests they gave. Much of a teacher's time is spent getting ready for all those classes that must be taught day after day.



Miss Basler, head of business department, corrects papers.



Mrs. Taylor prepares bulletin board for Home Ec. department.

Mrs. Wilson prepares lesson plans for government class.







Mrs. Lackey prepares flowers for biology lab.

Mrs. Darden keeps business machines in top condition.



Correcting tests for English nine classes keeps Miss Vann busy.

## Teachers add initiative

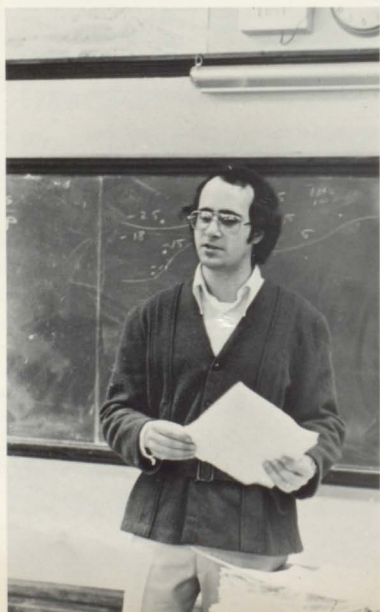
**R**eadng from the textbook or merely lecturing is not all of a teacher's job. Teachers also supply ideas, initiative and often the enthusiasm which stimulates students into wanting to learn. Some teachers go beyond merely teaching the subject matter of the course. Miss Dale, for example, urged her students to donate blood at the Blood Mobile and Mrs. Trump added the MORE program onto her regular schedule. Whatever they teach or however they teach it, the teachers at Suffolk High put themselves completely into it.

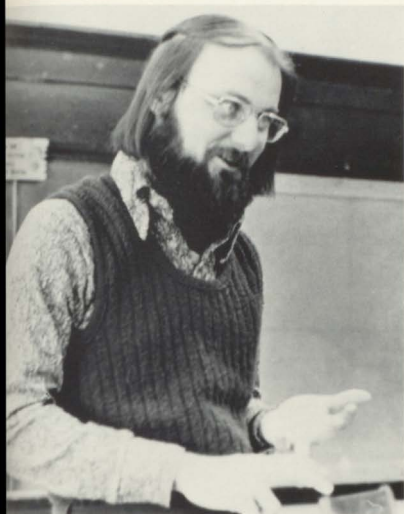


Earth Science and Chemistry teacher, Mrs. Mauck, explains formulas.

As an aid, Mrs. Richardson is kept busy with IMS files.

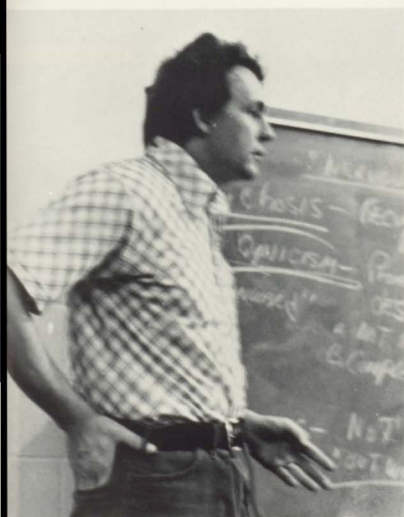
Mr. Karp explains an Earth Science test.





Mr. Langdon goes bananas for Math and Physics.

Miss Richey observes a game of badminton.



Mr. Debranski explains mental illness to a boys' health class.

Cultural  
classes large  
due to  
enthusiasm of  
teachers







Miss Dale enjoys her  
Social Science classes.

Mrs. Argo's Consumer Music makes students aware of all types of music.

Teaching American Studies and World Cultures keeps Mrs. Trump busy

Mrs. Williams teaches about society through Social Sciences.

The band, under the direction of Mr. Ford, is widely known.





Mrs. Cones leads a discussion of English and literature.

Miss Brinkley communicates in English and Latin.

Teaching ninth and twelfth grade English gives Miss Vann a full schedule.





## Teachers bring new, creative ideas into the classroom

Advanced Composition and American Studies teacher, Mrs. Hunter, helps students express ideas.

Mrs. Williams uses the over-head projector in English nine and eleven.





Between her Spanish classes, Mrs. Alwood finds time for lunch.

Before his next gym class, Mr. Allen breaks for lunch.

Miss Bracey rests between IMS classes.



# Teachers are human



Teaching classes, as well as often playing policeman, can drain a teacher both mentally and physically. So in order to regain their energy most take a well-deserved break some time during the day. During their break, they can eat their lunch, enjoy a Coke and exchange the latest gossip with their fellow teachers. Some teachers continue to work while taking a break—reading a book or going over the lesson for the next class. By the end of their break, they are refreshed and better prepared to finish the day.

Mrs. Simpson packs materials for next class.

Mrs. Lynch reviews a new book for Algebra next year.

Mrs. Kincaid breaks between Algebra and French classes.

Mr. Barnett relaxes before sixth period American History.



Mr. Griffin enjoys his profession.

Mrs. Wilkerson enjoys reading as her hobby.

As a hobby, Mrs. Howard expresses herself through creative art.



After a hard day of IMS, Mr. Burton enjoys watching basketball games.

Mr. Shelton enjoys photography as his hobby.



## Teachers enjoy creative hobbies

Many teachers have hobbies to occupy their spare time and often their hobbies coincide with what they teach. Mrs. Jones for instance, plays the piano both as music teacher and for relaxation. And Mr. Shelton used his hobby as a photographer to develop pictures for the yearbook. But all hobbies, whether watching basketball games or using their creative talents, serve the purpose of helping the teachers unwind after a hard day at school.

Mrs. O'Berry relaxes with her needlecraft.

Mrs. Jones makes music her profession and hobby.



# Freshmen express creativity

**T**he Freshmen brought new ideas with them to Suffolk High this year—especially when it came to decorating their first Peanut Bowl float. Instead of the traditional method of using napkins, to cover the sides, they used newspaper donated by the

class members. Everyone was eager to participate in decorating the float and the new ideas and participation paid off when, on the night of the game, it was announced that the freshmen float had won first place.

Hard work produced a winning float.



John Adams  
Sherry Allen  
Sylvester Arrington  
Keith Asbell  
Tommy Austin  
Jeffrey Bailey



Pam Bailey  
Pam Baines  
Susan Barnes  
Betsy Barrett  
Carlton Baton  
Barry Beck



Bennie Beamon  
Carrie Beamon



Bill Beamon  
David Blagg



Leading the class of 1978 were Kenneth Miller, Robin Goodman, and Cynthia Kearney.





Neil Blair  
Robin Bowles  
Joyce Boykins  
Carol Branch  
Judy Brinkley



Herbert Brown  
Hilary Brown  
Albert Burks  
Theresa Bush  
Cleve Butts



Chris Callis  
Rick Callis  
Terri Carr  
De-Rohan Chalkley  
Adalene Chapman  
Karen Chavis



Edward Cherry  
Patricia Cleveland  
Jorene Coats  
Lee Cobb  
Patsy Cobb  
Vernell Collins



Gerald Copeland  
Randolph Council

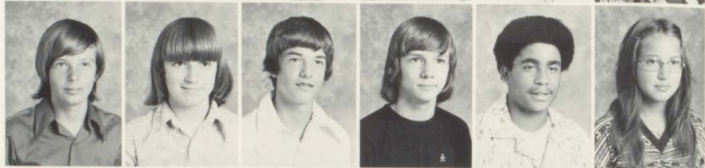
Lewis Critezer  
Miles Cross

Freshmen float makes a fine showing in the parade.

Kenny Daughtrey  
Beverly Davis  
Tommy Davis  
Earl Dawson  
JoAnn Doughtie  
Samuel Dunn



Tommy Ellis  
Brian Edwards  
Rock Eason  
Marvin Fanny  
Terry Ford  
Becky Fry



Lance Goldner  
Scott Gomer  
Robin Goodman  
Anthony Grant  
Valarie Goffigan  
Marchelle Griffin



Patricia Hall  
Sharon Hancock



Dwight Harper  
Lynne Harrell



Annette Harris



Mrs. Sullivan schedules Becky Fry and Michelle Ward for next year.

Freshmen boys enjoy first year at SHS Cafeteria.

# 198 Enroll as class of '78

With 198 members, this year's freshmen class was the largest ever to hit Suffolk High. The new students brought new ideas with them that they contributed at the SCA meetings—after Mr. Peachy drafted members to be SCA representatives.

Exams were one novel aspect of high school life that the freshmen did not look forward to. But they had no choice and soon adapted to both the hard work and excitement of the first year at Senior high.



Jeanette Harris  
Wendy Harris  
Charles Hatfield  
Charles Hearn  
Bruce Hines  
Karen Hinton

Sharon Hinton  
Betsy Holland  
Eddie Hudson  
James Hunter  
Shelby Jenkins  
Terry Hedrick

Elaine Johnson  
Kimberly Johnson  
Wanda Johnson  
Milton Jones

Gwendolyn Jordon  
Donna Justice  
Cynthia Kearney  
Louise Killebrew

Albert Burkes awaits his cue.

## '78 Spirit increases

**B**ecause it was their first high school pep rally, little was heard from the freshmen class section; but later they more than made up for their slow start. Because they had the most members, they had the vocal power to win many of the spirit contests.

They proved their spirit again by actively participating in sports as well as pep rallies. Many freshmen boys went out for J.V. football and basketball. Later in the year, they also played on both the tennis and baseball teams.

Ann Nurney and Cynthia Kearney were Homecoming attendants.

Mary Kulucas  
Sheila Lawrence



Susan Leggett  
Charlene Lewis



James Maddrey  
Karen Matroni  
Eddie Mazelle  
Kenneth Miller  
Amy Mills  
Gregory Minton



Monica Mitchell  
William Mitchell  
Earl Monds  
Cynthia Myers  
Nikita Myrick  
Leslie Nelms





The Freshman class proved to be the loudest at the pep rallies.

Four Freshmen cheerleaders lead the crowd at a J.V. game.



Ann Nurney  
Rosalyn Parker



Michael Parks  
Frank Parr



Linwood Parrish  
Leon Patton



Ashley Peachy  
Lucy Peachy



Renee Picot  
Gloria Pitsheneder  
David Pittman  
Vincent Price  
Jape Rawls  
George Reid Jr.



Diane Richards  
Donna Richards  
Richard Ricks  
Ginny Roberts  
Steve Rogers  
Rhonda Salmon

Blanche Scott  
Cornelius Scott  
Linda Scott  
Sammy Sherrod  
Charlotte Simpkin  
Harvey Smith



Frank Smither  
Glen Spruill  
Steven Stevens  
Wendy Strickland  
Cindy Taylor  
Mary Elizabeth Taylor



Milton Tillery  
Renée Trump  
David Urquehart  
Lois Vann  
Billy Wagner  
Charles Walker



Denise Ward



Michelle Ward



Francine Warren

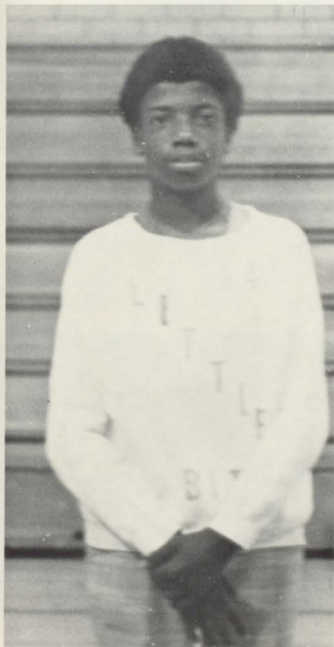


Despite lack of crowds, the J.V. cheerleaders cheered the team on.



Jeanette Walker  
Sharon West  
Keith White  
George White  
Ronald White  
Belvin Whitfield

Lamarionette  
Whitehead  
Greg Whetzel  
Neil Williams  
Pernell Williams  
Vivian Williams  
Anita Wilson

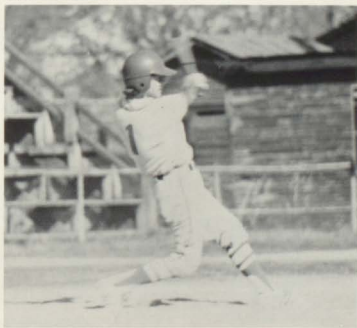


Xaveli Urquehart was the girl's basketball team manager.



Charlie Wilson  
David Wilson  
Tammy Wilson

Kim Wright  
Valarie Wright  
David Wyatt



Rock Eason smacks one for the Raiders.

Lisa Abernathy  
Annette Artis  
Randy Asbell  
Louis Ashburn  
Terryne Askew



Robert Baker  
Kathy Barkalow  
Cidra Barnes  
Delores Barnes  
Gloria Barnes



Janet Beale  
Theresa Benton  
Olivia Biggs  
Nancy Blair  
Eugena Bowman  
Tommy Bowman



Michael Boykins  
Phyllis Bradshaw  
Richard Brock  
Bruce Bunch  
Larry Butler  
Barbara Byrd



Pam Byrum  
Brad Cherry



Michael Cobb  
Sharon Colbert



Sophomore class puts final touches on float.



## Sophomores tackle responsibilities

There are three basic activities that students are involved in during their Sophomore year. From the beginning of the year plans were made for the Peanut Bowl float and later they endured nine weeks of health class. Their final activity was the Spring Dance.

Class officers Julie Stone, Cidra Barnes, Kelly Davis and Clay Wommack plan for Spring Dance.



Patricia Cook  
Shirley Copeland  
Judy Cousins  
Jeff Davies  
Greg Davis  
Kelly Davis

Betty Ellis  
Donna Eure  
Genie Evans  
Tricia Fischetti  
Bobby Flanagan  
Angela Gautier

Linda Gibson  
Virginia Godwin  
Darnell Harris  
Amanda Harrison  
Melissa Hedgebeth  
Diane Hill

Kenneth Hill  
Gwen Hinton  
Jimmy Horton  
Glen Hott  
Edward Jackson  
Leroy Jackson

# Class dues finance Spring Ball

With much grumbling and stalling, the Sophomores finally paid their fifty cents class dues for the first time. The money raised from the dues was used to pay for the Spring Dance which was held instead of the usual May Ball.

Peanut Bowl attendants were Pam Hollan and April Kolezar.



Diane Jenkins  
Oma Jenkins  
Melinda Jones  
Vera Jones  
Joseph Jordan  
Curtis Joyner



Mike Justice  
Kevin Kennedy  
Michael King  
April Kolezar  
Britton Laine  
Michael Laine



Horace Lamb  
Kathy Logan  
Sarah Marr  
Lynn Mitchell  
Susan Morgan  
Teresa Morrison  
Charles White



Brenda Myers  
Bill Nash  
Chris Oliver  
Rebecca Parker  
Jerry Pierce  
Phyllis Pittman  
Clay Wommack





Tim Price  
George Rankin  
Brad Reel  
Dana Richards  
Bobby Richardson  
Johnny Ricks



Joyce Roberts  
Pamela Robertson  
Princess Rollack  
Ocile Ruffin  
Percy Ruffin  
Cheryl Salmon



Philip Saunders  
Kevin Smith  
Diane Stacy  
Tina Stancill  
Mark Steiner  
Julie Stone



Mary Sykes  
Cheri Underwood  
Larry Underwood  
Teresa Vann  
Wilbert Wheeler  
Angela White



Kenneth Hill reluctantly pays dues.



Freshmen girls discuss work for their next class.



# First year Juniors pay dues

**F**or the first time in the history of Suffolk High School, Juniors had to pay class dues instead of having a major project. The five dollars dues, along with selling programs at football games and concessions at basketball games, supplied the money for Jr.-Sr.

Their spirit, as well as their ability to raise

money, was exhibited at both pep rallies and games. Mark McGahee was statistician for the basketball team, and John Fischetti for the football team. And as second largest class, they often won the class competition as well as being a close second in the hall competition.

Class officers Elton Mabrey, Nancy Parr, Terrie Davis and Cindy O'Berry discuss Jr.-Sr.



Pam Asbell  
Carolyn Askew  
Skip Bangley  
James Barnes  
Tommy Barrett  
Inell Beamon



Mary Birsch  
Nancy Birsch  
Janet Blagg  
Peter Boykins  
Loretta Brinkley  
Joe Britt



Joseph Broughton  
Jimmy Bryant  
Sandra Butler



JoAnn Byrd  
Mike Carr  
Betty Carroll



Mark McGahee was statistician for varsity basketball.





Sherry Carter  
Diane Chaney  
Gary Cisco



Karan Coker  
Mike Constant  
Christine Cook



Ronnie Copeland  
Dennis Cousins  
Edward Cowan  
Debbie Cox  
Lee Culbertson  
Richard Darden



Ronnie Davis  
Steve Davis  
Terrie Davis  
Ronald Dawson  
Ivy Deloatch  
David Diggs



Delores Doughty  
Sandra Evans  
Susan Everett



Jay Faircloth  
John Fischetti  
Suzanne Gatlin

Cindy O'Berry sells concessions at basketball games.

Donald Gay  
Leigh Ann Gomer  
Robert Grady  
Cindy Gray  
Peggy Haislip  
Pam Harrell



Charles Hassell  
Nancy Hawkins  
Karen Hill



Bonita Holland  
David Hopewell  
Patricia Horton



Nancy Howell  
Patricia Howell  
Sharlene Huges



Jerry Humphrey  
Steve Jeffries  
James Jenkins



Angela Jones  
Lander Jones  
Darlene Jones



Coach Goldberg advises Donald Richardson.

Leigh Whetzel leads a cheer at a football game.

# Juniors endure thorough testing

Junior year is the most exciting and active of all the high school years. From the beginning of the year until the end, there were standardized tests to struggle through. First were the STEP and SCAT test, followed by the PSAT's. Finally, near the end of the year, came the

most important of all—College Boards. These scores could determine what colleges would accept them.

But all of the year was not work. There came the day, just before Christmas, when proud juniors excitedly showed off their long awaited class rings.



Darrell Jordon  
Elizabeth Joyner  
Brenda King  
Judy Lassiter  
Kathy Lassiter  
Betsy Leggett



Melvin Liverman  
Alvin Lundy  
Elton Mabrey  
Shelby Maddrey  
Dawn Martin  
Myra Martin



Lee Ann Matroni  
Jean Mauck

Mark McGahee  
George Mehalko

The class of '76 helped promote spirit for the Southhampton game.

Larry Miller  
Tommy Newsom  
Cindy O'Berry  
Cheryl Parker  
Roy Parker  
Kelly Parr



Nancy Parr  
Cheryl Phillips  
Reginald Phillips  
Debora Pittman  
Yvette Reid  
Mary Elizabeth Rhodes



Donald Richardson  
Bart Ruden



Sabrena Ruffin  
Steve Russell



Lazarus Scott  
Roslyn Scott



James Sherrod  
Paulette Silver



Steward Smith does research for term paper.

Mrs. Cones is never too busy to help her junior English class.





Debbie Simpkins  
Cathy Sims  
Steward Smith  
Mike Stevens  
John Stovall  
Terry Taylor



Michael Twine  
Dennis Walker  
Glenda Walker  
Cheryl Warren  
Bart Webb  
Leigh Whetzel



Annette White  
Karen White  
Toni White  
Wendy White  
Brenda Williams  
Lenart Williams



Nelson Williams  
Wayne Williams  
John Wilson  
Cathy Winslow  
Ronald Wynn  
Bart Zekert



Cheryl Parker and Loretta Brinkley were homecoming attendants.

## Juniors experience first term paper

The drudgery of writing their first term paper was another of the major events in the junior year. Notes, rough drafts and typing erasures became a part of their daily lives during this time.

Violet Ann  
Ashburn



Sharyn Birdsong and Trip Hobbs are **FRIENDLIEST SENIORS.**

Elaine  
Askew



Charles Lawson  
Bailey, Jr.



Terri Lynn  
Baines



Rodney Lee  
Barkalow

Carol Greene  
Benton



Sharyn Knighton  
Birdsong



Warren Lee  
Birdsong



Reginald Lamontt  
Boone

## Seniors find privileges lacking

**B**reaking in the lunch line was the only senior privilege this year despite efforts by the senior officers to add more. The officers also tried to organize a trip to New York City but it was not approved by the School Board. Selling concessions at football games was the only major money making project but so many

seniors participated on the football team, band and cheering squad, that there were few left to sell concessions.

Officers were also in charge of holding class meetings. At one of these meetings seniors decided to change from blue graduation robes to red for the boys and white for girls.



The Advanced Composition class received a Superior rating for their play.



Ronald Stuart  
Boyce



Wallace Robert  
Boyce

Carolyn Sue  
Bowles

Glenn Donald  
Bracy

Charles Raymond  
Bradshaw, II



William Anthony  
Bradshaw

William Harold  
Bradshaw, Jr.

Jane  
Briggs

Elva LaVerne  
Brockington



Senior class officers LaVerne Brockington, Lawson Bailey, Clarice Lassiter and Micheal Miller try on graduation caps and gowns.

Lester Louis  
Brogdon

Barry Vincent  
Bunch

Randolph  
Chapman

Charlene Elizabeth  
Christian



Alexander Randolph  
Cook

Janis Paige  
Cobb

Sharon Vanessa  
Cobb

Suzanne  
Cones



Gail Synise  
Cook

Edna Carol  
Cornett



Lendarb  
Cox, Jr.

Sheryl Vernice  
Cross



**MOST ATHLETIC** Garfield Mizelle, runs for a touchdown.







George Walter  
Davidson



John Leonard  
Davis



Vance Faye  
Davis



Debra Elisabeth  
Daughtrey



Harry Lee  
Derby



Rodney Harvey  
Doughty



Dwight Jeffrey  
Drewitt



William Ralph  
Duke, Jr.



## Senior athletes dominate sports

With their usual spirit, Seniors really threw themselves into sports this year. Half of the football team was comprised of seniors who had played for three years, thus resulting in a very experienced team. This experience payed off when Suffolk once again had a winning season.

The stars of the first string basketball team were also seniors. The high scorer of the team was Jerome Watford with teammates Garfield Mizelle and Walter Silver starring in assisting and rebounding.

Tennis also had seniors playing the most important part. Half of the team was seniors and these seniors took the top positions.

Betty Wommack, **MOST ATHLETIC**, concentrates on her net volley.

Gregory Allen  
Eby



Audrey Mae  
Edwards



Deborah Louis  
Ellis




Becky Lynn  
Eure

Martha Howell  
Everett



Shirley Anne  
Fry



 Glenn Anthony  
Funicelli



Martha Whitney  
Godwin

Yvonne Vernell  
Gray



Thomas Ellis  
Heffington



Marsha Renee  
Hicks



Marc Cambridge  
Hines



Anna Ruffin and Rodney Doughty, **CRAZIEST**,  
play around in the halls.



Marilyn Noble  
Hines



Robin Osborn  
Hines



Gelon Sylvester  
Hobbs, III



William Stanley  
Holland, Jr.



Jennifer Joan  
Hinton



Gloria Byrd  
Jernigan



James Randolph  
Johnson



Thomas Wendell  
Johnson



Marilyn Hines and Trip Hobbs show what it takes to be the **BIGGEST FLIRTS**.

Martha Godwin and Colleen Pinto practice a song in Spanish class.

Bernette Evangeline  
Jones



Beverly Rose  
Jones



Cassandra Emma  
Jones



Everly Rose  
Jones



Jessie Louise  
Jones



Donald Pierce  
Kirpatrick



Billie Joy  
Langston



Clarice Onita  
Lassiter



Leah Gail  
Lawrence



Paquita Yvette  
Lawrence



Bill Logan, Chuck Bradshaw, and Reginald Boone add spirit  
to the halls.







William Preston  
Logan



Donna Marie  
Miles



Micheal Anthony  
Miller



Ausby Nathaniel  
Mitchell



Terry Alexander  
Mitchell



Garfield  
Mizelle



Emanuel McCoy  
Myrick, Jr.



Jane Perry  
Nash



Timothy Lee  
Oliver



Bernita Anne  
Parrish



Colleen Marie  
Pinto



Vanessa Louvenia  
Pittman



## '75 Spirit

**B**ecause the Senior class of 1975 was the smallest of all the classes, they lacked vocal power at pep rallies. They did, however, show spirit by taking first prize in the hall competition held just before the Southampton football game.

**MOST SCHOOL SPIRITED**, Garfield Mizelle gives one-hundred percent participation.

Sharyn Birdsong, **MOST SCHOOL SPIRITED**, leads cheerleaders in a pom-pom routine.

Muriel Ann  
Reid

Lindell Delores  
Riddick

Stephen Lynn  
Ritter



Anna Laura  
Ruffin

Ricky Marvin  
Scott

Hersey Frank  
Sears III



Miriam  
Sherrod

Salvatore Anthony  
Sibilia

Doressa  
Silver

Rita Bernice  
Silver



Class of '75 sings farewell to the senior class of '74.

## Srs. plan future

**F**or twelve years the students have been told to prepare for the future — for college, for work and for a life of their own. Now, in their final year, they find it necessary to leave the familiar territory and use what they have learned through the years to grow and learn on their own. Some students could not wait twelve years to graduate and therefore attended summer school in order to graduate a year early.

**MOST DEPENDABLE**, Melanie Spain and Michael Miller, deposit money in the safe.

Marsha Hicks and Hank Simpson, **MOST LIKELY TO SUCCEED**, plan for the future.



Walter  
Silver, Jr.

Henry Gray  
Simpson, Jr.

Michael Anthony  
Singleton

Rita Sue  
Smith



Melanie Gail  
Spain

John Richard  
Taylor, III

Sylvester Randolph  
Walker

Dorothy Lynne  
Walton

Ann Cutchin  
Ward

Brothell Jerome  
Watford

Genevra Elizabeth  
Webb

Ronald Victor  
White



Leondra Venessa  
White

Jackie Adelaide  
Williams

Linda LaVerne  
Williams

Clarence Edward  
Wilson



The 1975 Honor Graduates are, front row — Bailey, Taylor, Kirkpatrick, Simpson, M. Hines. Second row — J. Jones, C. Jones, Jernigan, Baines, Pinto, Nash, Birdsong, Davis, Hicks, Wilson, Christian. Third row — Webb, Godwin, R. Hines, Briggs, Langston, Walton, Spain, Wommack, M. Hines, Cornett, Ward.





Joyce Leatrice  
Wilson



Betty Wommack, **MOST STUDIOUS**, prepares for her next class.

Steven Lewis  
Winborne



Betty Sinclair  
Winborne



Betty Wommack and Marsha Hicks were the top two seniors.

## Honor graduates increased

**T**here were more honor graduates this year than in the past recent years. This sudden change from six honor graduates last year, to twenty-eight this year, occurred when, as a result of

the merger, the grading system was enforced. This revision lowered the necessary "B" average from ninety to eighty-six, thus allowing more students to attain the status of a honor graduate.



Marilyn Noble Hines  
 Sharon Vanessa Cobb  
 Charlene Elizabeth Christian  
 Jane Perry Nash  
 Sharyn Knighton Birdsong  
 Clarice Onita Lassiter  
 Robin Osborn Hines  
 Marsha Renée Hicks





## Homecoming queen and princesses

One of the biggest events for any senior girl is the selection of Homecoming Queen for the Peanut Bowl. The senior class first chose eight girls as princesses — football players were allowed two votes each. Out of this top eight, one would be selected queen by the whole school. The results of the election remained a secret until halftime of the game. People crossed their fingers and waited anxiously for the announcement and then cheered and applauded as Sharon Cobb was crowned the 1974-75 Homecoming Queen.

## Six Senior Leaders of '75

In December, the senior class voted for their "Six Senior Leaders." A select committee of faculty members and administrators then selected, from the top eleven, the six most deserving candidates. The qualifications for a senior

leader were that he or she must have an eighty average and must have contributed something to the school. This selection was based on not only their senior year but on their participation throughout their high school years.



Melanie Gail  
Spain



Charlene Elizabeth  
Christian





Marsha Renée Hicks



Betty  
Sinclair  
Wommack



Sharyn Knighton  
Birdsong



Marc Cambridge  
Hines



## Senior class wins contest

**T**his fall the Annual Staff held a contest to promote annual sales. The class buying the most yearbooks percentage-wise would win one full page in the '75 Peanut. The senior class won with 85% of the class buying annuals. Thanks to the class of '75!

Big Brute, John Davis, bounces in!

Robin Hines & Lynne Walton fix the hall bulletin board.

Garfield Mizelle struts in a basketball game.

Senior class "Whips Inflation Now."

Melanie Spain admires her gold tassel for graduation.



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 Miss Vivian Payne  
 Mr. and Mrs. James H. Pruden, Jr.  
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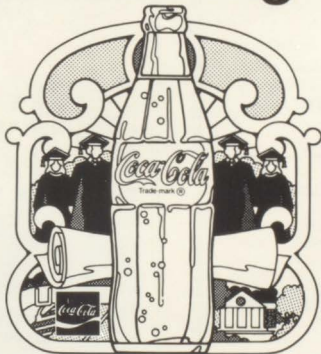
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Betsy Leggett measures chicken wire for Jr. class float.

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Best wishes to the

Class of '75



Tommy Barrett checks out the new shirts.



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Terri Baines works as cashier at Grant City.

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Billie Langston checks out the top ten in the record department at Grant City.

## SPECIAL ACKNOWLEDGEMENTS

The Annual Staff would like to express their thanks to the following people who have contributed to the success of the 1975 PEANUT.

MR. CLYDE C. SHELTON

MR. IRA "SPIKE" MOORE

MR. HUGH H. CROSS

MR. ANGUS I. HINES, JR.

MISS SUSAN EVERETT

MR. WILLIAM HASH

MR. WILLIAM E. A. MOORE

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## Work your way through college

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The United States Army is cooperating in a new program, where you can go to college while you're a member of the U.S. Army. And we'll pay up to 75% of your tuition costs exclusive of your G.I. Bill benefits.

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**Join the people who've joined the Army**

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## VARSITY FOOTBALL

Franklin	22-0
Gloucester	14-7
Kennedy	27-13
John Yeates	16-0
Smithfield	0-17
Southampton	0-55
Windsor	21-7
Northampton	7-6
Forest Glenn	7-14
Central	22-0

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from

# THE GURLEY PRESS

Quality Printing  
104 N. Saratoga Street  
539-4741

## BASEBALL

Central	2-3
Windsor	9-10
Southampton	0-3
Smithfield	8-1
Northampton	0-16
Franklin	0-19
Kennedy	0-5
Gloucester	3-5
Forest Glenn	3-10
John Yeates	3-11

S.H.S. scores listed first.

## J.V. FOOTBALL

Smithfield	8-0
B.T.W.	14-0
John Yeates	0-25
Franklin	0-12
Windsor	0-14
J.F.K.	6-14
Forest Glenn	6-14

## GIRL'S BASKETBALL

Central	50-43
Gloucester	48-33
Southampton	68-32
John Yeates	72-38, 65-45
Franklin	86-58, 51-56
Forest Glenn	68-41, 66-50
J.F.K.	72-56
Smithfield	59-40
Northampton	91-21
Hampton Institute	70-27

## J.V. BASKETBALL

Central	60-48, 53-50
John Yeates	41-42, 53-52
Windsor	65-47, 74-42
Southampton	53-57, 66-61
Northampton	65-60, 73-67
Kennedy	42-66, 55-81
Gloucester	52-22
Franklin	57-50, 54-48
Forest Glenn	59-62

## BOY'S TENNIS

Maury	0-9, 1-8
Norfolk Academy	3-6, 3-6
Hampton Roads Academy	3-6
Kecoughtan	1-8
First Colonial	3-6, 3-6
Churchland	8-1, 5-4
Forest Glenn	9-0
Gloucester	9-0
Franklin	9-0, 8-1
Northampton	9-0
Harrisonburg	1-8
Turner Ashby	8-1

## GIRL'S TENNIS

Hopewell	9-0
Turner Ashby	9-0
Kecoughtan	7-2
LaFayette	5-4
William & Mary	7-2
Norfolk Academy	6-3, 5-4
Franklin	9-0, 9-0



Freshman girls decorate gym with roses and ivy.

Mike Carr untangles string for his kite.

Senior girls paint the class flag for Senior Day.

## Students come out of hibernation

With the coming of the warm weather, students found it hard to finish out the school year. To get outside, many art students built and attempted to fly kites.

Tennis season was in full swing by the time spring arrived. Even though the school courts were resurfaced in May, both the girls and boys teams kept in shape by jogging. The boys team went to state where Tommy Barrett won the singles championship, and he and Marc Hines won the doubles championship.

In March, representatives from many photography studios made their bids to the Journalism class for contracts for the 1975-76 yearbook.



Writing receipts is part of Mrs. Forbes office work.

Sophomore girls cut roses and ivy for Senior Day.

Renée Trump and Betsy Barrett stay in shape for tennis.



## Spring assemblies enjoyed by all

**T**here were three major assemblies during the spring of 1975. During their assembly, the French Club took the school on a trip to France with music and dance. The club also dramatized "Snow White and the Seven Dwarves" in French.

The annual S.C.A. assembly for president and vice-president nominees was held during May with Tommy Barrett and Tommy Newsome running for president and Clay Wommack and Sarah Marr running for vice-president. As a result of the election, Tommy Barrett will be the S.C.A. president and Sarah Marr, vice-president for the 1975-76 school year.

The final assembly was a combination of the Senior Cuts and the underclassmen awards assembly. Almost everyone took their "cuts" in good humor and some people actually looked forward to be singled out.





Lawson Bailey hands Lynne Harrell her "cut" from The Pharoahs.

Tommy Barrett gives his campaign speech for the office of S.C.A. president.



The seven dwarves weep over Snow White's death in the play "Snow White and the Seven Dwarves."

Johnny Taylor presents Mr. Peachy with the JAZZMEN'S first place trophy.

Sarah Marr gives her campaign speech as a candidate for S.C.A. vice-president.

The French club creates a Parisian atmosphere as they sing a medley of French songs.



The weight lifting team was first place in competition.

Male members of the Spanish Club prepare taco sauce.

SHS's first Athletic Banquet was a big success.





## More new events

**F**or the first time ever, SHS participated in weight lifting competition. Although new to this sport, Suffolk students won the top places in every contest.

Another first was the Advanced Comp.'s entry to the State Creative Writing Contest. Their booklet, composed of essays, poetry and short stories, won first place in AA competition. Suffolk was the only school to have all of its entries awarded a superior rating.

In the spring, the athletic department held an awards banquet rather than the usual awards assembly. The banquet honored all SHS athletes and special awards were presented to the outstanding ones.

Candidates for J.V. Cheering squad wait judges decision.

Betsy Leggett and Mrs. O'Berry discuss 1975-76 annual.

The city Science Fair has many interesting projects.

## Sophomores break tradition

"**W**ildflowers and Twilight" was the theme for Suffolk's first Spring Ball. The sophomores decided to switch their semi-formal dance from May to April because of the May Ball's closeness to the Junior-Senior prom. The dance attracted students from all of the area high schools and everyone had a good time as they danced to the music of The New Life Band.



Clay Wommack and Randy Asbell hang mirror ball for the Spring Dance.

Olivia Biggs and James Jenkins "get off" to The New Life Band's music.

Lisa Abernathy tapes the colorful murals for the dance.





A few of the talented male sophomores helped by painting murals.

Mr. Patton shows he is young at heart as he dances with Barbara.



Greg Whetzel proves that "where there's a will there's a way" as he dances with a sprained ankle.



Mr. Shelton gets many reactions as he listens for bids.

Miss Dale and Mr. Patton await their masters orders.

Mr. Barnett models his new appearance with pride.





Mr. Barnett signs up three slaves to be auctioned.

The slaves gather for a picture.



## Juniors sold into slavery

In an effort to raise money, the juniors decided to do something different. So they held a public auction of all "willing and able-bodied" juniors — and even threw in a few teachers for good measure. Bidding started at 25¢ per person and in the case of a celebrity such as Mr. Peachy, the price went as high as \$11.00.

The next day, these slaves

had to serve their masters by carrying books to classes, carrying the lunch trays, and for the fun of everyone, wearing all sorts of costumes designated by the owners. All day it was impossible to know what might be seen walking the halls.

The auction, which brought in close to \$120.00, was definitely a success.

# Senior Day carried out in perfection

On the morning of May 20th, seniors marched under the arch of roses and down the front steps for the flag pole ceremony of which the Reverend Mr. George Gravitt was guest speaker.

The seniors then marched in the gym, decorated in green and yellow, for the class song and roll call. The skit, entitled "Senior Code" was basically a musical show featuring some

of the more talented seniors. The highlights of the show were Jessie Jones singing "Doctors Orders" and the performance by The Pharoahs.

After the skit, special awards were presented and the annual staff announced the dedication to a very surprised and happy Mr. Debranski. The juniors ended the day with their farewell song.



Jessie Jones eyes her wildest fan, Steve Winborne.

Seniors stood proud as their class flag was raised before the student body and parents.







Senior class officers lead the processional to the accompaniment of "Pomp and Circumstance."

Seniors and parents enjoy the reception held after the flag pole ceremony.



Mr. Debraski is overwhelmed as he receives the dedication.

The Pharoahs received wild applause for their performance.

Despite the heat, everyone danced to the music by the Hot Cakes.

Juniors and seniors move to the sounds.

Many dates enjoy listening to the music.

Winnie-the-Pooh and Tigger entertain couples.

The murals showed hard work and effort by the Jrs.



## Juniors present successful prom

An hour before the Jr.-Sr. Prom was due to start, a severe storm knocked out the electricity preventing the band from setting up and Mr. Moore from taking pictures. Everyone wondered if the prom would go on. Right before the dance was to begin, the electricity was restored.

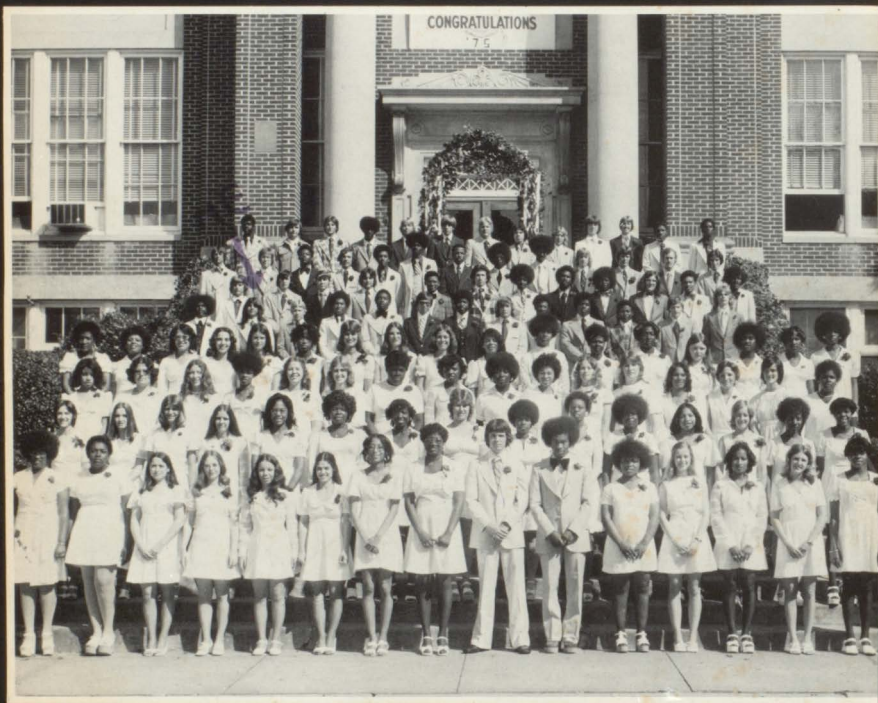
Many faculty members commented that this year's was one of the best proms ever. "Wonderful World of Disney" was the theme and the murals were decorated with Disney characters. As their names were announced, senior couples entered the gym through the door of Cinderella's castle and were presented hand made favors. The sophomores then presented the floor show featuring Disney characters. Despite the excellence of the floor show and decorations, everyone agreed that the soul and rock music by Hot Cakes was the main reason for the dance's success.



Juniors and seniors enjoy the delicious food prepared by the junior's mothers.

Senior couples received favors at the entrance of Cinderella's castle.





*... Suddenly nothing's the same.*



Cheryl,

I don't know what to say because I have said it all to you in person. Hours and hours at a time. I told you, you are crazy to ever break up with him and I know you didn't break up with him but he is the best thing that could ever happen to you. He seems to be really sweet and likes you a lot. Oh yea, that ring is beautiful. When you'll get married send me an invitation. (Please!)

I told you by December I would probably think he is gross but I'm starting to think it now. Just a little. (L.O.)

Well Gotta Go! Thanks for listening to me all those times.

Love,  
Chris  
"78"

Cheryl, as  
great being  
in a couple of  
your classes in '75  
and stay out of the future  
trouble.  
Shag, he is a nice guy.  
your friend,  
Michelle



I think  
Cheryl is  
crazy but I  
wouldn't dare say  
it!

Dear Cheryl,



It's really been terrific  
being in all of your classes...  
It was really fun... most  
of the time. By fun, I mean  
cutting down Christine. The  
work was b-o-r-i-n-g! Even  
though that sound like the  
longest year of my life, it  
turned out O.K. I sure do hope  
the rest of our high school  
years zoom by as fast  
as this summer has.

your best,  
most loyal,  
trustworthy,  
greatest,  
sincerest,  
forever grateful  
most loving,  
dearest  
friend  
Mary E.

our fun life  
came to an end  
next year we  
will be going  
to college  
and we will  
be apart  
but we will  
still be friends  
and we will  
still love each  
other  
I hope you  
will be happy  
and successful  
in college  
and in life  
I hope you  
will be a  
great person  
and a great  
friend  
I hope you  
will be a  
great person  
and a great  
friend  
I hope you  
will be a  
great person  
and a great  
friend





